

**Society for Community Health, Awareness, Research and Action (SOCHARA) &  
The Governance Hub, Public Health Foundation of India (PHFI)**

**AYUSH / TCAM Public Health Policy Workshop**

**24<sup>th</sup>-28<sup>th</sup> January 2012, Bangalore**

**Objectives:**

- 1) To reflect upon the concept of medical pluralism & integration in public health policy and review the related terminologies and definitions and evolve a working definition.
- 2) To deepen our understanding of the policy developments/ challenges from Bhore Committee to the current 12th plan document including the political economy of AYUSH/TCAM policy.
- 3) To identify AYUSH/TCAM players in government and the ngo/civil society sector including groups like FRLHT, CHAI, SOCHARA, National Yoga University, Soukya and so many others that have undertaken pilot schemes and initiatives to be scaled up.
- 4) To be introduced to some stakeholder consultations organised in the last few years to explore policy challenges including the South Asian dialogue on Traditional Medicine and HFA (AIFO/PHM/SOCHARA) and the FRLHT/SOCHARA National stakeholders dialogue etc
- 5) To develop an orientation and insight into the policy framework of existing AYUSH schemes till the 11th plan and a preview of the potential National AYUSH Mission for the 12th plan as the bridge step before Integrated National Health mission in the 13th plan.

<b>Time</b>	<b>Workshop Programme</b>
	<b>Day 1 (24<sup>th</sup> Jan, Tuesday) Venue: Community Health Cell-SOCHARA, Madiwala.</b>
9.30 am to 10.45am	Session 1: Self introduction, Expectation inventory, Introduction to SOPHE and its policy research framework (TN) Introduction to workshop / Objectives of the workshop Schedule of the workshop
10.45am to 11 am	TEA
11am to 12 pm	Session 2: AYUSH/ TCAM score (Self Assessment) Exploring TCAM / AYUSH terminologies & definitions Working definition of TCAM / AYUSH (for workshop and project) <b>Resource person/Facilitator: RN</b>

12.15pm to 1.15pm	Session 3: TCAM sector: Exploring and mapping aspects of AYUSH / TCAM players in India in the context of current status of institutions, initiatives and projects <b>Resource person/Facilitator: RN</b>
1.15pm to 2.15pm	BREAK
2.15pm to 3.45pm	Session 4: A historical review and a policy walk – 1946 to 2011 – Key events, reports, policies and programmes <b>Resource person/Facilitator: RN</b>
3.45pm to 4pm	TEA
4pm to 6pm	PHFI Governance Hub internal staff meeting (KS)
	<b>Day 2 (25<sup>th</sup> Jan, Wednesday) FRLHT visit</b>
9 am	Visit to Foundation for Revitalization of Local Health Tradition (FRLHT) and Institute of Ayurveda and Integrated Medicine (I-AIM), Bangalore Departure from Koramangala
11 am to 1pm	FRLHT-Introduction & presentations (Public health activities, Academics, Research etc)
1pm to 1.45 pm	Lunch
1:45pm to 3pm	Visit to work sites: Ayurvedic Hospital, Public Health Unit, Unit for Local Health Traditions and other units Hospital: treatment rooms (15mins) Clinical research activities (15mins) Lab Visit (30-45 mins)
3pm to 4 pm	Discussions with people at FRLHT, especially in context of policy & integration
4pm	Return to Koramangala
	<b>Day 3 (26<sup>th</sup> Jan, Thursday) S-VYASA visit</b>
10am to 12pm	PHFI Governance Hub team internal meeting with JP
	BREAK
12.45 pm	Leave from Koramangala, Visit to Swamy Vivekanada Yoga University (S-VYASA), Bangalore
1.45pm to 3.15 pm	Visit to work sites at S-VYASA Clinical research activities & Lab Visit (45-60mins) Hospital: treatment sections (15mins each)
3.15pm to 4.15 pm	Interaction with Dr. Nagendra (Vice-chancellor) and Teaching and Research Staff at S-VYASA, especially in context of policy & integration
4.15pm	Return to koramangala
	<b>Day 4 (27<sup>th</sup> Jan, Friday) Venue: Community Health Cell-SOCHARA, Madiwala.</b>
9.30am to 10.45am	Present regulatory framework & mainstreaming AYUSH in NRHM and UHC (pluralism or moving towards integration???) <b>Resource person/Facilitator: RN</b>
10.45am to 11am	TEA

11am to 1pm	Dialogue with policy makers, plural practitioners & researchers (RMV / SK / MA/ AR)
1pm to 2 pm	BREAK
2pm to 3.30pm	Reflections of plural practitioner[AYUSH and primary health care] Question - answer sessions <b>Resource person/Facilitator: SPT</b>
3.30pm to 4pm	AYUSH/TCAM and the Insurance industry <b>Resource Person: AB</b>
4pm to 5pm	Concluding session: Next steps & winding up
	<b>Day 5 (28<sup>th</sup> Jan, Saturday)</b>
8.30am	Leave from Koramangala
9am to 2pm	Visit to SOUKYA Foundation – main hospital and field center (Interaction with Dr. Isaac Mathai and team)
2 pm	Return to Koramangala

### **Abbreviations**

TN: Thelma Narayan, RN: Ravi Narayan, KS: Kabir Sheikh, JP: John Porter,  
RMV: R.M. Verma, SK: Mr. Srikantiah, MA: Munir Ahmed, AR: Abdul Rehman  
SPT: S.P. Tekur, AB: Arjun Bhaskaran

### **Participants**

<b>S.No.</b>	<b>Participant Name</b>	<b>Organisation</b>
1	Dr. Kabir Sheikh	PHFI - Delhi
2	Dr. Devaki Nambiar	PHFI - Delhi
3	Dr. J.K. Lakshmi	IIPH - Hyderabad
4	Dr. Satyanarayana	IIPH - Hyderabad
5	Dr. Venkatesh Narayan	PHFI - Delhi
6	Dr. Sandra Albert	LSHTM-London
7	Mr. V.R. Raman	PHFI - Delhi
8	Dr. John Porter	LSHTM – London
9	Dr. Dyson Misquith	PATH- Hyderabad
10	Mr. Manickam.P	NIE - Chennai
11	Dr. Joseph	MGR Medical Univ.
12	Mr. Prakash.B.N	FRLHT - Bangalore
13	Dr.Hariram Murthy	FRLHT - Bangalore
14	Team Member	Soukya
15	Team Member	S-VYASA
16	Dr. Arima Mishra	IPH Bangalore

### **Related links**

<http://www.iaim.edu.in/index.html>

<http://www.svyasa.org/>

<http://www.soukya.com/>

[www.phfi.org](http://www.phfi.org)

[www.sochara.org](http://www.sochara.org)

## Background documents for AYUSH/TCAM workshop

Sr. No.	List of Documents	Page Nos.
1.	Medical Pluralism - a case for critical attention. Narayan R, Mankad D, 1989. Medico Friend Circle(MFC) bulletin 155-156 <a href="http://www.mfcindia.org/mfcpdfs/MFC155-156.pdf">http://www.mfcindia.org/mfcpdfs/MFC155-156.pdf</a>	1-16
2.	AYUSH and public health – Policy review – Ideas and mandates (1946-2006); Narayan R.	17-24
3.	Government policies for traditional, complementary and alternative medical services in India:From assimilation to integration? Sheikh K, Nambiar D. NMJI 2011;24(4):245-6.	25-26
4.	AYUSH in India – A summary compilation; Narayan V.	27-31
5.	Pluralism in India – A summary compilation; Narayan V.	32-35
6.	A policy analysis on integration of AYUSH and local health traditions in a framework of universal health coverage. MFC background paper, Jan 2012. Nambiar D.	36-41
7.	Institute of Ayurveda and Integrative Medicine (I-AIM) and Centre for Public Health (CPH): An introduction. Prakash B.	44-46
8.	'Integrating Local Health Traditions in the Universal Health Care System'. MFC background paper, Jan 2012. Murthy H.	47-51
9.	Is yoga an intervention? Srinivasan TM. Int J Yoga 2012;5:1-2 <a href="http://www.ijoy.org.in/text.asp?2012/5/1/1/91690">http://www.ijoy.org.in/text.asp?2012/5/1/1/91690</a>	52-54
10.	Consensus statement - South Asian regional conference on Traditional Medicine - 2006 <a href="http://www.aifo.it/english/resources/online/books/other/tradmedicine06/Final%20TradMedicine%20report-version%20for%20printing.pdf">http://www.aifo.it/english/resources/online/books/other/tradmedicine06/Final%20TradMedicine%20report-version%20for%20printing.pdf</a>	55-59
11.	Consensus statement – AYUSH workshop on Initiatives for promotion of AYUSH intervention in the public health systems of the country – 2008 <a href="http://www.aifo.it/english/resources/online/books/other/Ayush%20Workshop%20Report%20India%2008.pdf">http://www.aifo.it/english/resources/online/books/other/Ayush Workshop Report India 08.pdf</a>	60-65
12.	People's health in people hands and M. Sc in alternative systems of medicine and health care (PHA calendar). Narayan R.	66-67
13.	Executive Summary of Steering Committee on AYUSH for XIth five year plan. Narayan R.	68-77
14.	Towards the National AYUSH Mission- Advancing Health For All in the 12th Plan [Components and Annexure 1 (recommendations)]. Narayan R.	78-81
15.	Conceptualising UAHC 'Bottom Up': Implications for Provisioning and Financing. Priya R. MFC bulletin 2011; 345-347:15-27. <a href="http://www.mfcindia.org/mfcpdfs/MFC345-347.pdf">http://www.mfcindia.org/mfcpdfs/MFC345-347.pdf</a>	MFC (15-27)
16.	AYUSH in High Level Expert Group Report on Universal Health Coverage for India: a compilation. Narayan V.	82-95
17.	Engaging TCAM (Traditional, Complementary & Alternative Medical) Providers in the Delivery of Essential Health Services: Review of Literature on TCAM Providers in India and globally. [WTP-PHFI project]	95-108