



Editorial

'Note from Bengaluru' by Ravi Narayan

On World Toilet Day, today SOCHARA renews its commitment to promoting 'community health awareness, research and action' in environmental health with a strong focus on sustainable sanitation. In addition to this focus, the newsletter continues to report from Bhopal, Chennai, Community Health Learning Programme and other current initiatives of SOCHARA as we gear up to our Jubilee year (1991-2016). <http://www.sochara.org/node/1219>

World
Toilet Day

Additional Readings on Sanitation

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On Sustainable Sanitation

Training Module for Community Health Practitioners



Environmental Sanitation : Reflections from Practice - a module for community health practitioners by Prahlad I M, SOCHARA 2014-15

http://www.sochara.org/sites/default/files/Environmental-sanitation-module_1.pdf

DIMENSIONS, September 2014



'Poor access to sanitation facilities' - A determinant of mental health. by Ganesh C K, CHLP Alumnus, SOCHARA

Toilets! Yes. Power and Running water? Big question mark? by Dr. Abraham Thomas, CHLP Alumnus

Click here:

http://www.sochara.org/sites/default/files/dimensions_sep2014_0.pdf



Water and Sanitation page: <http://www.sochara.org/Sanitation>

Photo Gallery : <http://www.sochara.org/Photos>



> Masonry Training for Toilet Construction, Aralere Village, Malur, Karnataka

> Solid Liquid Waste Management for SHGs in Thanjavur, 19-08-2015

> Sanitation training with triggering activities for SHGs in Thanjavur

Environmental Health



National meeting on Climate and Health

Adithya, reports about a National meeting on climate and health held in Delhi, which he attended. This meeting was the Indian Launch event of the Lancet Commission on health and climate change. He writes about the various policy responses to protect public health in the context of climate change. <http://www.sochara.org/node/1205>

Reporting from Bhopal



Community understanding of Bapu Nagar slum, Bhopal

Bhopal team member Nidhi writes about their continued engagement in the slums for tackling malnutrition. She reports about a meeting that happened with a partner organisation, Muskaan, to start intervention in a balawadi (crèche) in Bapu Nagar Slum, Bhopal. She writes about the understanding of the community that the team developed during the team's visit to the balawadi in the slum. <http://www.sochara.org/node/1206>

Reporting from Chennai

Mental Health

A new budding activism in Tamil Nadu on Mental Health

Suresh from SOCHARA Tamil Nadu team writes about the 'Tamil Nadu Mental Health Forum', an informal network formed to take up issues related to mental health in Tamil Nadu state. He outlines the various actions that have happened subsequent to the formation of the forum including some of the actions that have happened around this year's World Mental Health Day on October 10, 2015. <http://www.sochara.org/node/1208>

Community Health Training



My Community Health Journey

Amrita, a flexi-fellow reflects upon her chance stumbling into SOCHARA's website and landing up as a flexi-fellow. She recounts her experience of seeing community health in action during her field placement in a tribal community health organisation and finally reflects on the pedagogy of her present Masters in Public Health course and recounts as to how SOCHARA's classes allowed for more discussions and reminisces about the daily 'recap' sessions. <http://www.sochara.org/node/1210>



FEDINA Visit

SOCHARA team members Janelle and Kumar write about their visit to FEDINA, a partner organisation of SOCHARA in Bengaluru. They provide a detailed account of the organisation and its involvement in various struggles for the rights of the marginalised. They also write about the discussions they had with FEDINA regarding the fellows who are placed with them. <http://www.sochara.org/node/1209>

FELLOWS COLLECTIVE

Fellows' collective meeting in Bhopal

SOCHARA team member Prasanna writes about his visit to Bhopal in October where he attended the Madhya Pradesh team meeting and also the meeting of the Fellows' Collective, a collective formed by the alumni fellows of Madhya Pradesh fellowship program and fellows of Madhya Pradesh of the Community Health Learning Program, Bengaluru. He further reports about the important decisions taken during the meeting of the Fellows' collective. <http://www.sochara.org/node/1207>

Mainstreaming the Alternative



Interaction with RGIPH Students

As part of SOCHARA's continued engagement with the Masters in Public Health (Hons) course at Rajiv Gandhi Institute of Public Health, Prasanna facilitated a session on leadership in public health and conflict management. This was part of the leadership and governance competency module of the course. Prasanna describes the details of the session. <http://www.sochara.org/node/1211>

Health as a Social Movement

Public Hearings on Right to Health Care

Update from Karnataka on NHRC Public Hearings

Prasanna and Rahul from SOCHARA team provide an update from Karnataka regarding the activities pertaining to the regional public hearings to be conducted by NHRC. They report about the divisional workshops held across the state; meeting with the government officials; the issues that have got highlighted during the workshop; the cases collected and scrutinised and about the video documentation processes. <http://www.sochara.org/node/1220>



Meeting of Jan Swasthya Abhiyan

Ameer and Prasanna, report about the proceedings of the national coordination committee meeting of Jan Swasthya Abhiyan (JSA, People's Health Movement, India). They give an account of the various issues discussed during the meeting namely the current status of the Clinical Establishments Act in the various states, preparatory activities for the NHRC public hearings; the proposed modifications to the pre-natal pre-diagnosics Act (PCPNDT Act) and so on. <http://www.sochara.org/node/1213>

Learning Material

Maternal Mortality

Maternal Health and Mortality

Ravi, team member from Bhopal, has contributed a primer on maternal health. In this primer, he provides with some of the basic definitions regarding maternal health; statistics of maternal deaths; causes of maternal deaths; social determinants of maternal health and finally some of the interventions that can be done for improving maternal health. <http://www.sochara.org/node/1212>

E-SOCHARA Archives online

E-SOCHARA Newsletter Archives

**Vol 1 (1),
March 2015**



**Vol 1 (2),
May 2015**



**Vol 1 (3)
July 2015**



**Vol 1 (4),
Sept 2015**



<http://www.sochara.org/E-SOCHARA>

Upcoming Events

Public Hearings on the Right to Health Care

Public Hearings on the Right to Health Care with NHRC

The regional hearing for the Southern Region (Tamil Nadu, Andhra Pradesh, Telangana, Karnataka, Kerala, Puducherry, Lakshadweep and Andaman & Nicobar Islands) will take place on 15-16 December, 2015, in Chennai.

The other hearings will be conducted as per following schedule: Western Region (Maharashtra, Gujarat, Rajasthan and Goa) in Mumbai on 6-7 January, 2016; Eastern Region (Bihar, Jharkhand, West Bengal, Odisha and Chhattisgarh) in Raipur on 28-29 January, 2016; North-Eastern Region (Assam, Meghalaya, Tripura, Mizoram, Manipur, Nagaland, Arunachal Pradesh and Sikkim) in Guwahati on 18-19 February, 2016; Central Region (Uttar Pradesh and Madhya Pradesh) in Lucknow on 10-11 March, 2016; and Northern Region (Jammu & Kashmir, Punjab, Haryana, Himachal Pradesh, Uttarakhand and Delhi) in Chandigarh on 24-25 March, 2016.

For more details visit PHM India website: <http://phmindia.org/> OR <http://nhrc.nic.in/JanSwasthyaAbhiyan.htm>

SOCHARA Events

- Community Health Learning Programme (CHLP) - DISSEMINATION MEETING, 8th December, 2015. Venue: St John's National Academy of Health Sciences, Bengaluru
- Community Health Learning Programme (CHLP) - Alumni and Mentors Meeting -2015, Monday 7th December. Venue: St John's National Academy of Health Sciences, Bengaluru
- Academic Research Council meeting: 7th December 2015

Society for Community Health Awareness Research and Action (SOCHARA)

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