

STUDY ON DISPARITIES IN HEALTH AND HEALTH CARE SERVICES:

Karnataka State with 27 Administrative Districts has an estimated population of 540.27* lakhs as per the estimates for 2001. The state of Karnataka ranks 1310 on Human development index scale at Global level and has 33.16% of the population below poverty level. It has been observed that there exists disparities in health and health care facilities in between:

- Regions:- North & South Karnataka
- Districts: 27 Districts
- Disadvantaged:- Lower class and Caste
- Vulnerable groups: Age and sex.

This is unnecessary and unjust. Such issues should no longer be curiosities for mere speculation but demand close attention at the earliest for policy review and implementation.

Health is a state subject, and it is the responsibility of Government to ensure an equitable distribution of minimum and adequate health care that is accessible to the whole population. Considering the inadequacies in terms of infrastructure and relatively poor health indicators, there is a need to understand the disparities in the health and health care services in the state.

OBJECTIVES:

The goal of this study is to highlight the extent of disparities that exist in health and health care facilities between districts in the state and within the districts and to suggest steps to be taken to reduce these disparities.

The objectives of the study therefore include:

- 1. To determine the disparities in Health determinants.
- 2. To determine the disparities in Health status
- 3. To determine the disparities in Health Care resources allocation.
- 4. To determine the disparities in Health Care utilization.
- To determine the most disadvantaged districts in Kamataka to evolve and initiate more focussed projects in these districts.

^{*} Revised National Tuberculosis Control Program: Action Plan, Govt. of Karnataka, 1998

Human Development Report – Karnataka State, 1999.

METHODOLOGY

Given the constraints of time available only quantitative data that is available from the following secondary sources on various characteristics was collected.

1. Multi Indicator Cluster Survey - 1998 - UNICEF

2. - Rapid Household survey under RCH project, Karnataka State - 1999

3. Human Development Report, Karnataka State - 1999

- 4. Directorate of Health and Family Welfare Services, Govt. of Karnataka Sept. 2000
- 5. ICDS Women and Child Development Department Report Nov. 2000

Census of India 1991, Karnataka State District Profile 1991.

7. Rural Development Panchayati Raj Department, Statement on Below Poverty Line Families, Govt. of Karnataka

Data was checked for its quality and quantity and regional disparities were assessed on the basis of available data on indicators in following essential categories: (Annexure—I)

- > Health Determinants
- > Health Status
- > Health Resource Allocation
- > Health Care Utilization indicators and
- > Over all indicators

Each indicator in the above-mentioned categories was standardized and algebraically added for each district. The total was re-standardized and a composite index as Standardized "Z" Score was obtained for each district, which gives the relative position of the districts on the scale in Karnataka State.

It has been observed in many studies that lower class and caste suffer with disproportionate burden of diseases and mortality. Different types of morbidity and mortality have different patterns with respect to the age, sex and social class. So to assess the equity with respect to these characteristics, it is necessary to get the primary data in disaggregated form at various levels right from taluk to state level.

However, disparities in health on the basis of class, caste, age, sex and the religion could not be assessed, as data does not exist in disaggregated form for districts of Karnataka.

FINDINGS - A

DISPARITIES IN HEALTH DETERMINANTS OF DISTRICTS IN KARNATAKA STATE

			IVAIVIS U	DISTRIC	TS IN KAR	NATAK	A STATE
DISTRICTS	Edn15+	HHP	Cwater	ELC98	ACClatrin	ABPL	TOTAL
Bangalore Urban	73.3	82.7	97.2	70 /	62.51		INDEX
Bangalore Rural	41.8	38.4	98	79.4	90	85	2.80
Bagalkot	48.2	19.4	100	96.3	26.4	66	0.55
Bellary	40.8	30.6	84.1	51.4 W		53	-1.12
Belgaum	46.8	46.1	73.7	57.5	12.3	55	-1.21
Bijapur	48.2	19.4		66.7 51.4	18	77	-0.23
Bidar	37.5	70.6	90.3		3.1	The state of the s	-1.14
Chamrajnagar	41.5	35.8	96	60.5	12.3	60	-0.30
Chitradurga	49.8	45.1	96.8	67.1	20	64	-0.29
Chikkamagalur	55.3	32.8	88	72.5	30	59	0.14
Davengere	49	36.9	98.6	74.4	40.5	72	0.37
Dakshina Kannada	71	30.1	98.6	69.6	36.3	66	0.24
Dharwad	53.5	29.1	99.9	69	73.4	78	1.35
Gadag .	53.5	29.1	67.9	75.4	39	61	0.26
Gulbarga	33.2	55.6		75.4	6	55	1.05
Hassan	50.1	19.2	86.8	54.5	15	66	21/22
Haveri	53.5	29.1	99	78.3	14	79	-0.02
Kodagu	64.4	36.3	84.5	75.4	16	69	0.19
Kolar	43.2	55.3	93.3	56.5	44	82	0.47
Koppal		17.4	93.3	80.9	35.2	61	0.37
Mandya	39.9	41.5	95.5	543	456)	57 V	≈187 / 63
Mysore	41.5	35.8	95.9	85.9	19	70	0.30
Raichur	-32		76.6	67.1	44	69	0.12
Shimoga	56.2	35.6	10.0		20	57	SITA
Tumkur	47.2	45.3	94.8	78.9	31.8	68	0.48
Jttar Kannada	62.2	34.1	99	77.5			0.39
Jdupi	71	30.1	97.1	79.4	38		0.78
	(480 4)	50.1	98	69			1.20

Most of North Karnataka Districts are poor in health determinants.

Disparities in Health Determinants have been assessed on:

Edn15+ : Percentage of Literate in 15+ age group.

HPP : Percentage of Houses in which both wall and roof are made of

permanent Materials

Cwater : Percentage of households with access of clean water

Elc98 : Percentage of households with Electricity

ACCIatrin : Percentage of households with Latrine

ABPL : :Percentage of families above poverty line – as per BPL census for

9th Plan

It is an established fact that environment has direct impact on those living in it. Good housing, availability of safe water and sanitation facilities have positive fact on health which has been measured in the present study by HPP, Cwater, Elc98 and ACClatrin. Studies have also indicated that education to some extent compensates the effect of poverty on health irrespective of availability of health facilities and in this study the education has been assessed by Edn15+.

Economic status determines the purchasing power, standard of living, quality of life and the pattern of disease in the community. This aspect has been assessed by ABPL i.e., families above the poverty line as per the BPL census for 9th Plan.

FINDINGS - B

DISPARITIES IN HEALTH STATUS OF DISTRICTS IN KARNATAKA STATE

DISTRICTS	U5 MR	%Normal under 5	API Malaria	Pt. Prev	Incident DIARR	TOTAL
Bangalore Urban	67	45.34	1.06	1.88	5.8	0.05
Bangalore Rural	67	44.83	0.21	1.88	10.1	
Bagalkot	88	34.56	3.3	1.37	7.1	0.26 -0.53
Bellary	119	26.51	3.71	1.72		-0.53
Belgaum	69	40.37	1.09	1.67	9.4	-0.19
Bijapur	88	36.41	4.95	1.37	7.3	-0.19
Bidar	85	28.94	1.05	2.08	1.5	-0.47
Chamrajnagar	89	44.5	0.12	1.66	4.9	0.52
Chitradurga	104	39,58	2.14	1.81		1.00
Chikkamagalur	75	47.11	0.41	1.6	15.3	0.09
Davengere	104	34.61	0.12	1.52	11	-0.27
Dakshina Kannada	46	51.59	2.58	1.34	4.3	1.16
Dharwad	95	41.21	0.28	1.19	20.9	-0.05
Gadag	95	33.07	0.39	1.19	14.1	-0.43
Gulbarga	86	34.3	3.72	1.46	16.2	-0.43
Hassan	78	48.64	1.12	1.55	12.5	0.00
Haveri	95	35.42.	0.15	1.19	14.5	0.00
Kodagu	66	54.61	0.1	0.94	16	2.11
Kolar Koppal	100	41,84	2 (9	212	12.5	1.05
Mandya	80		3.76	1.32	141	-0.68
Mysore	84	49.28	6.55	1.68	8.5	-0.18
Raichur	89	40.68	0.64	1.66	5.5	-0.34
Shimoga	80 : 88	29.71	9.05	132	20	-07/美
umkur		39.25	0.12	1.03	13.1	0.77
Ittar Kannada	102	47.37	1.62	1.17	10.9	-0.11
Idupi	69 46	45.22 55.41	0.13	0.86	11.9	1.68
	1.0	00.41	0.56	1.34	1.1	2.76

U5MR which is available only for 1991 has been extra polated for newly formed districts as they have been part of old districts.

Health status of Kcdagu, UK, Udupi, DK, Chamrajnagar and Bangalore Urban was found to be good and most of the North Hyderaad-Karnataka region districts has poor Health status

Disparities in Health Status have been assessed on

U5MR

: Under five Mortality Rate - probability of dying in between birth and age 5, expressed as number of deaths among children under the age of five per 1000 live births.

%Normal

: Percentage under five children whose nutritional status is within normal limits based on weight for age.

API MALARIA: Annual Parasite Incidence of malaria, which is number of confirmed cases of malaria per 1000 population under surveillance.

Pt.Prv.TB

: Point Prevalence of Tuberculosis includes pulmonary and extra pulmonary tuberculosis cases per 1000 population.

Incident diarrhoea: Percentage of children below the age of five reporting current diarrhoea or diarrhoea during the last two weeks.

As no single indicator can adequately describe the situation it is desirable to concentrate on limited number of specific indicators. Child health indicators are more sensitive to Socio-economic differentials, and investment in child health has long term impact on equity. Therefore under-five mortality, incidence of diarrhoea and percentage of normal children have been used for assessing the health status. These indicators also reflect the nutritional health and health knowledge of mother, availability of maternal and child services including prenatal care, income and food availability in the family, the availability of clean water and safe sanitation and overall safety of the child's environment. These measures are also sensitive measures of gap in health status that are generally judged to be avoidable, unnecessary and unfair.

Other indicators of health status included are API malaria and point prevalence rate of tuberculosis including extra pulmonary TB which are the leading causes of deaths among communicable diseases.

FINDINGS - C
DISPARITIES IN GOVT. PRIMARY HEALTH CARE FACILITIES IN DISTRICTS OF KARNATAKA STATE

DISTRICTS	PHC/LAKH POPULATION	MOW/LAKH POPULATION	PARA/10,000	TOTAL
Bangalore Urban	2.59	3.31	POPULATION	INDEX
Bangalore Rural	5.27	6.62	2.01	1.55
Bagalkot .	3.02	2.20	3.33	0.16
Bellary :	3.48	5.05 © 4	3.03	-1.30 %
Belgaum	3.62	The harper water to the manual to the	2.42	-0.88
Bijapur	3.80	4.93	2.74	-0.76
Bidar .	3.78	5.11	3.51	-0.44
Chamrajnagar	4.60	6.80	3.61	-0.12
Chitradurga	5.58	5.86	2.85	-0.30
Chikkamagalur	7.69	7.84	4.81	0.93
Davengere	5.44	10.62	4.89	2.01
Dakshina Kannada		6.02	2.71	-0.09
Dharwad	3.72 2 1.97	4.95	3.62	-0.45
Gadag	3.61	2.58	2.53	=1.68
Gulbarga	4.34	5.16	3.25	-0.56
Hassan	Here was not	5.72	3.23	-0.27
Haveri	7.29	9.09	3.95	1.34
Kodagu	4.77	5.68	3.28	-0.15
Kolar	5.90	10.55	7.60	2.38
Koppal	4.63	6.14	3.34	-0.09
Mandya	3.91	5.47	270	0.60
Mysore	5.59	8.41	3.46	0.60
Raichur	5.79	8.28	4.46	0.95
Shimoga -	3.23	4/70	F-233	\$ 0.5 E
Tumkur	5.30	7.64	4.27	0.65
Jttar Kannada	5.14	6.88	3.33	0.17
	5.57	8.40	5.20	1.15
Udupi	5.71	5.24	3.02	-0.06

[©] Kodabu. Chikkamagalur, Hassan, UK, Mysore Chitradurga and Shimoga had good Primary Health Care Facilities

Many North Karnataka districts and even Bangalore Urban lack in Primary Health Care facilities.

Disparities in Health Care Facilities have been assessed on

PHC: Number of Primary Health Care Centres per lakh population

MOW: Medical Officers working per lakh population

Para : Para Medical (Staff Nurse, BHE, Lab. Techn., ANM and Male workers) working

per 10,000 population

These indicators refer to how resources actually are allocated. Primary health care provided by network of PHC and sub-centres with community participation is first level of contact between the individual and health system. Majority of prevailing health complaints and problems can be satisfactorily dealt with at this level.

These indicators reflect the distribution of Government health care resources in different districts of state and of the provision of health care. The purpose of health services to improve the health status of people.

DISPARITIES IN UTILIZATION PATTERN OF HEALTH SERVICES IN DISTRICTS OF KARNATAKA

FINDINGS: D

DISTRICTS	1					
DISTRICTS	Immunization	ANC3	TT 2	Safe DEL.	CFPU	TOTAL
Bangalore Urban	77.7	86.9	05.0	22.2	Nasrah Ita	INDEX
Bangalore Rural	83.7		85.8	92.9	60.1	0.75
Bagalkot	53.2	80.7	85.9	77.6	63	0.56
Bellary	52.6	THE RESERVE OF A PROPERTY OF	80.7	the state of the s	=47:1	1.44
Belgaum	Committee of the commit		79.4	46.6	50.4	⊈1.02 ·
Bijapur .	53.2	The second second second	42.1	Commence and the second second second	61.8	-0.72
Bidar 28		94	83.9	60.4	47.1	-0.35
Chamrajnagar	2, 503	Annual or to be State of Street	was a man alternity	58.3	50.6	20,98
	92.7	70.3	43.4	57.8	65.4	-0.31
Chitradurga	88.4	94.9	75.1	90.7	59.9	0.82
Chikkamagalur	83.5	91.6	93.4	97.5	71.4	1.38
Davengere	88.4	92.2	75.9	61.3	59.9	0.32
Dakshina Kannada	86.0	89.1	94.5	91.5	63.7	1.08
Dharwad	74.8	72	80.1	80.4	61.2	0.23
Gadag	74.8	66.5	78.3	56.2	61.2	
Gulbarga	25.3	41.9		53.5	39.2	-0.27
Hassan	92.8	75.1	38.3	75	The state of the last of the l	2.48
Haveri	74.8	80.5	84.2	100000000000000000000000000000000000000	75.1	0.24
Kodagu	94.8	83.6	85.6	60.6	61.2	0.10
Kolar	90.6	56.1		85.4	70.6	1.07
Koppale	The second of the second		94.3	78.2	57.1	0.22
Mandya	THE PARTY OF THE P	35	A STATE OF THE PERSON NAMED IN	480	454	101
Mysore	88	80.2	37.6	73.3	71.7	0.13
Raichun	92.7	83.3	83.3	77.5	65.4	0.74
	37-2	70.5	52.9	<i>3</i> 9£it ≈	45/4	SH(0) -
Shimoga	92.9	90.9	72.3	83.9	69.3	0.92
Tumkur	88	67.6	92.1	77.8	61.3	0.45
Uttar Kannada	89.9	81.2	84.9	88.6	66	0.89
Udupi	86	85.9	93.9	89.5	63.7	0.99
				30.0	00.1	0.33

Most of North Karnataka Districts have poor utilization pattern of existing Health services

Disparities in Utilization of Health Services have been assessed on

Immunization

: Percentage of 12-23 months children completely immunized with

BCG, DPT-3/OPV-3 and Measles

ANC3

: Percentage of pregnant women who have received 3 or more

ANC visits received during recent pregnancy

TT2

: Percentage of ANC received TT2/Booster during recent

pregnancy

Safe Del.

: Percentage of deliveries conducted by Trained Health personnel

· during recent delivery.

CFPU

: Percentage of current users of any Family Planning methods

Utilization of Primary Health Services included the utilization of Public and Private health services.

Utilization of services is expressed as the proportion of people in need of a service who actually receive it in given period. A relationship exists between utilization of health care services and health needs and status. Health care utilization is also affected by factors such as availability and accessibility of health services and the attitude of an individual towards his health and the health care system.

Utilization of public health services is often inequitable with the higher quality, more expensive services disproportionately used by more privileged segments of society.

FINDINGS - E

DISTRIBUTION OF DISTRICTS ON THE BASIS OF VARIOUS CHARACTERISTICS

OF KARNATAKA STATE:

Bangalore Urban 2.80 0.75 -1.55 0.05 0.92 Bangalore Rural 0.55 0.56 0.16 0.26 0.54 Bellary -1.21 -1.02 -0.88 -1.87 1.53 Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bigapur -1.14 -0.35 -0.44 0.47 0.79 Bigar -0.29 -0.31 -0.30 -0.81 -0.30 -0.81 -0.29 -0.31 -0.30 -0.81	
Bangalore Urban 2.80 0.75 -1.55 0.05 0.92 Bangalore Rural 0.55 0.56 0.16 0.26 0.54 Bagalkot -1.12 -1.44 -1.30 -0.53 -1.42 Bellary 1.21 -1.02 -0.88 1.87 -1.53 Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bijapur -1.14 -0.35 -0.44 0.47 -0.79 Bidar -0.30 0.98 -0.12 -0.89 0.81	MARKET MARKET
Bagalkot -1.12 -1.44 -1.30 -0.53 -1.42 Bellary -1.21 -1.02 -0.88 -1.87 -1.53 Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bigapur -1.14 -0.35 -0.44 -0.47 -0.79 Bigar -0.30 -0.98 -0.12 -0.89 -0.81	
Bagalkot -1 12 -1 44 -1.30 -0.53 1.42 Bellary -1 21 -1.02 -0.88 -1.87 1.53 Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bijapur -1.14 -0.35 -0.44 0.47 -0.79 Bidar -0.30 -0.98 -0.12 -0.89 0.81	RAMAGE MARKET
Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bijapur -1.14 -0.35 -0.44 -0.47 -0.79 Bidar -0.30 -0.98 -0.12 -0.89 -0.81	National Nation
Belgaum -0.23 -0.72 -0.76 -0.19 -0.57 Bijapur -1.14 -0.35 -0.44 -0.47 -0.79 Bidar -0.30 -0.98 -0.12 -0.89 -0.81	ENERGY SE
Bijapur -1.14 -0.35 -0.44 -0.47 -0.79 Bidar -0.30 -0.98 -0.12 -0.89 -0.81	RANGE
Bidar 0.30 -0.98 -0.12 -0.89 -0.81	NAME OF
-1179 031	
Chitradurga 0.14 0.83 0.03 -0.18	
Chikkamagalur 0.37 1.38 3.01 0.31	
Davengere 0.24 0.33 0.00 1.20	
Dakshina Kannada 1.35 1.09 0.45 0.13	
Dharwad 0.26 0.23 1.16 1.06	
Gadag -0.05 -0.20	
Gulbarga -0.71 -0.56 -0.43 -0.71	
Hassan 0.02 -0.74	
Haveri 0.19 0.45	
Kodagu 0.47 0.13	
Kolar 0.37 2.38 2.11 1.80	
Koppal -1.05 -0.07	
Mandya 0.30 0.46 0.68 (64)	
Mysore 0.13 0.60 -0.18 0.27	
Raichur 0.74 0.95 -0.34 0.43	
Shimona 240 103 174 156	
Tumkur 0.92 0.65 0.77 0.93	
Uttar Kannada 0.39 0.45 0.17 -0.11 0.35	
Uduni 0.09 1.15 1.68 1.41	
0dupi 1.20 0.99 -0.06 2.76 1.15	

- © Complete Hyderabad-Karnataka region including districts of Bidar, Gulbarga, Raichur, Koppal, Bellary, Bijapur and Bagalkot lack in Health Determinants, Health Status and Health Utilization including availability of Government Primary Health Care services.
- Districts like Belgaum, Gadag also have negative indices but at low level.
- Chamaraja nagar district has negative value of indices except on health status. This may be due to few indicators on health status have been taken from Mysore.
- Dharwad and Bangalore Urban were also lacking in Government Primary Health Care services.
- © Kodagu, UK, Chikkamagalur, Udupi, DK, Shimoga and Bangalore Urban districts have good Health Determinants, Health Status, and Health Utilization of existing Health Services.

LAST 7 DISTRICTS ON THE BASIS OF VARIOUS INDICES

OVERALL	HEALTH DET.	HEALTH STATUS	HEALTH UTILIZATION	GOVT.HEALTH PRIMARY
Koppal (95)	Koppal(96)	Bellary(97)	Gulbarga (99)	Dharwad (95)
Gulbarga (94)	Raichur (96)	Kolar (85)	Koppal (97)	Bangalore (U) (94)
Raichur (94)	Gulbarga (89)	Chitradurga (84)	Bagalkot (93)	Bagalkot (90)
Bellary (94)	Bellary (89)	Bidar (81)	Raichur (92)	Raichur (85)
Bagalkot (94)	Bijapur (87)	Gulbaga (77)	Bellary (85)	Bellary (81)
Bidar (79)	Bagalkot (87)	Raichur (76)	Bidar (84)	Belgaum (78)
Bijapur (79)	Gadag (85)	Koppal (75)	Belgaum (76)	Koppal (73)

Figure in brackets indicates the position on 100 point scale

TOP 7 DISTRICTS ON THE BASIS OF VARIOUS INDICES:

OVERALL	HEALTH DET.	HEALTH STATUS	HEALTH UTILIZATION	GOVT.HEALTH PRIMARY
Kodagu (4)	Bangalore (U)(1)	Udupi (1)	Chikkamagalur (8)	Kodagu (1)
Uttar Kannada (8)	Dakshina Kannada (9)	Kodagu (2)	Dakshina Kannada (14)	Chikkamagalur (2)
Chikkamagalur (12	Udupi (12)	Uttar Kannada (5)	Kodagu (14)	Hassan (9)
Udupi (13)	Uttara Kannada (22)	Dakshina Kannada (12)	Udupi (16)	Uttar Kannada (13)
Dakshina Kannada(15)	Bangalore (R) 29)	Shimoga (22)	Shimoga (18)	Mysore (17)
Shimoga (18)	Shimoga (32)	Chamrajnagar (30)	Uttar Kannada (19)	Chitradurga (18)
Bangalore-U(18)	Kodagu (32)	Bangalore-R (40)	Bangalore U (23)	Shimoga (26)

Figure in brackets indicates the position on 100 point scale

However, disparities in health on class, caste, age, sex and the religion could not be assessed, as data does not exist in disintegrated form for districts of Karnataka.

Relationship in between Health Status and Health Determinants among the Districts of Karnataka State:

HEALTH	HE	ALTH DETERMI	NANTS
STATUS	LOW	MODERATE	HIGH
LOW	BELLARY GULBARGA KOPPAL RAICHUR	CHITRADURGA KOLAR BIDAR	
MODERATE	BAGALKOT BIJAPUR GADAG	DAVANGERE BELGAUM CHIKKAMAGALUR DHARWAD, HASSAN, HAVERI MANDYA,MYSORE TUMKUR	BANGALORE (U)
HIGH		CHAMARAJNAGAR	DAKSHINA KANNADA UTTAR KANNADA UDUPI, KODAGU SHIMOGA, BANGALORE (R)

Observed Agreement 19/27 - 70.4%

Kappa Coefficient: 0.532,

P = 0.000059

It is obvious from the above table that the districts with the low value on health determinants have low health status and districts with high value of health determinants have the high value of health status with an agreement of 70.4% and Kappa Coefficient 0.532, which is significant.

Relationship in between Health Status and Primary Health Care Facilities among the Districts of Karnataka State:

HEALTH	PRIM	ARY HEALTH CARE FA	CILITIES
STATUS	LOW	MODERATE	HIGH
LOW	BELLARY KOPPAL, RAICHUR	GULBARGA KOLAR BIDAR	CHITRADURGA
MODERATE	. BAGALKOT BANGALORE (U) BELGAUM DHARWAD	BIJAPUR DAVANGERE, 'GADAG, HAVERI MANDYA,TUMKUR	CHIKKAMAGALUR HASSAN MYSORE
HIGH		DAKSHINA KANNADA UDUPI, BANGALORE (R) CHAMRAJNAGAR	KODAGU UTTAR KANNADA SHIMOGA

Observed Agreement 12/27 - 44.44%

Kappa Coefficient: 0.1234,

P = 0.1862

Government Primary Health Care services and health status are not very much related with observed agreement of 44.44% and Kappa Coefficient 0.1234 which is not significant. This may be due to the utilization and availability of private health services.

Chitradurga district has low Health status even though it has good Government Primary Health Care services.

Relationship between Health Status and Utilization of Primary Health Care services among the Districts of Karnataka State:

HEALTH	UTILIZATI	ON OF PRIMARY HEAL	TH SERVICES
STATUS	LOW	MODERATE	HIGH
LOW	BELLARY, GULBARGA, BIDAR KOPPAL, RAICHUR	KOLAR CHITRADURGA	
MODERATE	.BAGALKOT BELGAUM	BIJAPUR DHARWAD, ' DAVANGERE HASSAN, HAVERI MANDYA,GADAG TUMKUR, MYSORE	BANGALORE (U) CHIKKAMAGALUR
HIGH		BANGALORE (R) CHAMRAJNAGAR	DAKSHINA KANNADA UTTAR KANNADA UDUPI, KODAGU SHIMOGA

Observed Agreement 19/27 - 70.4%

Kappa Coefficient: 0.532,

P = 0.000059

All districts with high health status continue to use Primary Health Care services and the districts with low health status have low utilization of primary health care services. The above table, observed agreement and kappa coefficient denotes that the health status is more related to the utilisation rather than the availability of services.

Relationship in between Primary Health Care Facilities and Health Facilities Utilization among the Districts of Karnataka State

HEALTH	PRIM	PRIMARY HEALTH CARE FACILITIES					
FACILITIES UTILIZATION	LOW	MODERATE	HIGH				
LOW	BELLARY BAGALKOT BELGAUM RAICHUR KOPPAL	GULBARGA BIDAR					
MODERATE	DHARWAD	'BANGALORE (R) BIJAPUR CHAMRAJNAGAR DAVANGERE, GADAG, HAVERI MANDYA,KOLAR TUMKUR	HASSAN CHITRADURGA MYSORE				
HIGH	BANGALORE (U)	DAKSHINA KANNADA UDUPI	CHIKKAMAGALUR KODAGU UTTAR KANNADA SHIMOGA				

Observed Agreement 18/27 - 66.7%

Kappa Coefficient: 0.474,

P = 0.00031

It is clear from the above table the relationship between Primary Health Care utilisation and Primary Health Care facilities is significant where observed agreement is 66.7% and Kappa Coefficient is 0.474. This shows the availability of health services leads to utilization of the health services.

In case of Bangalore Urban though the availability of government primary health care facilities is low, the utilization of health services is high. This may be due to availability of health care services in the private sector.

findings it is clear that the Hyderabad - Karnataka region (Bidar, Gulbarga, findings), Bijapur and Bagalkote lack on all indicators in the tratagories.

The addition of the determinants, availability and health care services and the utilization of health care services.

A mag enclosed indicates the districts which require top priority (red), moderate measure yellow) and districts where existing facilities, utilization and health status and the maintained at an acceptable level (green).

PECOMMENDATIONS

- Environment Sanitation including availability of clean water, housing and access to atrine and amenities like electricity should be improved in entire Hyderabad-hamataka region, Bijapur, Bagalkote, Gadag, Hassan and Haveri districts. For this scheme like Nirmal Karnataka Program under Rural Development and Panchyat Raj should be implemented with creating awareness on sanitation and provision of facilities simultaneously.
- Literacy Status 15+ should be improved in Hyderabad-Karnataka region, Bijapur, Bagaikote Chamrajnagar, Mandya and Bangalore Rural districts.
- Efforts to be made to improve the economic status of household in Hyderabad-Karnataka region, Bijapur, Bagalkote, Chamrajnagar, Chitradurga, Dharwad, Gadag and Kola districts.
- Nutrition status of under five should be improved in entire Hyderabad-Karnataka region, Bijapur, Bagalkote, Davengere, Gadag and Haveri District.
- Malaria incidence to be reduced in Hyderabad-Karnataka region, Bijapur, Bagalkote, Chitradurga, Dakshina Kannada, Hassan, Kolar and mandya districts by implementing National Anti Malaria Program aggressively.
- Prevalence of TB should reduced in Hyderabad-Karnataka region, Bijapur, Bagalkote Chamrajnagar, Chitradurga, Kolar, Mandya, Mysore and Bangalore Urban and Rural districts by extending RNTCP to these districts on priority basis.
- Primary Health Care facilities to be improved in Hyderabad-Karnataka region, Bijapur, Bagalmote Bangalore Urban, Dharwar and Gadag districts.
- More than establishing new primary health care facilities the utilization of existing primary health care services should be encouraged. This could be done by making existing primary health care facilities functional in real sense through monitoring of availability of staff including MOH and drugs.

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ANNEXURE - 1

I. HEALTH DETERMINANTS INDICATOR

- a. Prevalence and level of poverty * 1998
- b. Educational levels * 1991
- c. Adequate sanitation and Safe water coverage * 1998
- d. Housing * 1991

II. HEALTH STATUS INDICATORS

- Under five year mortality rate * 1991
- b. Nutrition of children * Nov. 2000
- c. Maternal mortality ratio: Not Available
- d. Life expectancy at birth: Not Available
- e. Incidence & Prevalence of relevant infectious diseases * 1999
- f. Infant mortality ratio: Not Available
- g. Child mortality (1-4 years): Not Available

III. HEALTH CARE RESOURCES ALLOCATION INDICATORS

- Per capita distribution of qualified personnel in selected categories eg., medical officers: physician, obstetrician, paediatrician, surgeons & paramedical workers. * - Sept. 2000.
- Per capita distribution of services facilities at Primary, Secondary and Tertiary levels. * - 1999
- Per capita distribution of total health allocation and expenditure on personnel and supplies as well as facilities: Not Available

IV. HEALTH CARE UTILIZATION INDICATORS

- a. Immunization coverage * 1998
- b. Antenatal Coverage * 1998
- Percentage of births attended by qualified attendant * 1998
- d. Current use of contraception * 1998

^{*} Indicators used in the present report