

ANNUAL REPORT

2023 - 2024



Society for Community Health Awareness Research and Action (SOCHARA) is an independent non-government organisation registered under Karnataka Societies Registration Act 17A (1960).

All images pictured in this report have been taken from the communities and individuals that SOCHARA's team has engaged with.

Cover page: AI generated illustration of the journey of 40 years in community health, slightly edited to include CHC board set up at SOCHARA Bengaluru in 1998.

Font: The font used for the body of text is Atkinson Hyperlegible which is especially designed for lowvision readers



SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION

ANNUAL REPORT

April 2023-March 2024

No. 359, 1st Main, 1st Block, Koramangala, Bengaluru – 560 034, Karnataka, India.

Regd. Office: No.326, 5th Main, 1st Block, Koramangala, Bengaluru – 560034, Karnataka, India.

Tel: +91-80-25531518 / 25630934

Website: www.sochara.org

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Our Vision & Mission

SOCHARA is an interdisciplinary resource group of community health professionals utilizing multiple pathways to facilitate and promote the goal of Health for All

- It works through community action and partnerships, teaching and training initiatives, research, knowledge dissemination, policy advocacy and engagement with the public health system.
- It focuses on public health system development, action on the social determinants of health and community action for health with a social justice perspective.

Our Objectives

Objective I: To create awareness on the principles and practice of community health among all people involved and interested in health and related sectors

Objective II: To promote and support community health action through voluntary as well as governmental initiatives

Objective III: To undertake research in community health policy issues, including strategies in community health care, health personnel training, integration of medical and health systems

Objective IV: To evolve educational strategies that enhance the knowledge, skill and attitudes of persons involved in community health and development

Objective V: To dialogue and participate with health planners, decision-makers and implementers to enable the formulation and implementation of community oriented health policies

Objective VI: To establish a library, documentation and interactive information centre in community health

Objective VII: Networking and Solidarity with Civil Society organisations







Driven and motivated by these objectives, the SOCHARA team continued to work with communities and partners directly and indirectly towards addressing health and its determinants through varied projects, forums, modes and new collaborations during the reporting period from April 2023 to Mar 2024. These have been reported in the sections that follow.

President's Message

It is my pleasure, privilege and duty to thank our funding supporters, Executive Committee members, MLCU and all our friends and wellwishers for keeping SOCHARA continue to put in efforts to pursue SOCHARA 's goals, effectively.



My grateful thanks to Secretary Sri Gurumurthy for his valuable efforts towards Programmes and Networking which has taken SOCHARA forward further in 2024.

funding,

While General body, EC and all stake holders of SOCHARA will find School Health, WASH, Nutrition initiatives impacting communities by SOCHARA's front line initiatives, CHLP and MPH II, District Health Assembly inputs in Tamil Nadu and link with Lancet Commission stand out as Signature efforts to outside world.

My introspection alerts me counsel all staff of SOCHARA to pause, think, document lessons learnt in WASH, Addressing malnutrition, School Health, Covid inputs given towards mitigation of impact of Covid, work on NCDs. CHLP process, District Health Assembly insights, reviewing and taking stock of financial status and processes before embarking on new initiatives.

I welcome Ms Prafulla Saligram as New Secretary and Dr Thelma Narayan for renewd role as Director SOCHARA SOPHEA.

I fall short of words to thank all the support staff in Bangalore, Bhopal, and Chennai. They work behind the scene.

Many thanks all of you! Humbly solicit your continued support.

Dr S Pruthvish



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Message from Secretary-Coordinator

2023-24, quite an eventful year. It marked the end of a phase and start of a new phase for two Major engagements. Our core work funded by KZE 1819, and HCLF funded CWASH. There was an evaluation of SOCHARA work - Dr. Gopal Dabade and Dr. Upendra conducted the evaluation, they diligently visited all clusters and field and provided their review. While there were no major concerns, lack of documentation, and cross learning were highlighted.

SOCHARA known as a resource group on community health has been facilitating 10 fellows MPH graduates. We have had a very robust team of 40 fellows for the CHLP 23-24 batch, off which few are continuing their journey by registering for MPH.

DAP- the archive Project is steady and has been up and coming. 50% of the repository is on the digital space.

This year SOCHARA has taken a small step towards climate change work with the support from restless development.

Our CAH work has been highly recognized and appreciated, and the TN government works closely with our team. This encouraged us to build something similar in Karnataka and also to look at post COVID pandemic preparedness with a fresh energy and ideas. In December 2022, the People's Health Movement in Karnataka evolved into the Sarvatrika Arogya Andolana Karnataka (SAAK), with over 32 civil society networks from 20 districts. A state committee and a working committee were formed to guide the movement. Before the state elections, SAAK shared a manifesto with political parties. SOCHARA supports as a resource group.

CWASH has expanded much beyond WASH components. The work follows convergence model, will SOCHARA playing a catalyst role in enabling communities to take advantage of all the state provided services and engage with the government machinery to better their lives. This has also encouraged the partners to expand the geography to Vijayawada.

Nutrition work is well recognized, an individual donor from the CII fraternity came forward to support the nutrition initiative in a small way. We are continuing the work in MP and most likely engage in TB and nutrition.

This year also assumes importance with the process of transition for change of guard. I hope to have laid a strong foundation in stabilizing SOCHARA work and finances, and to hand over to the incumbent Ms Prafulla the same high standards that SOCHARA has been known for.

On behalf of SOCHARA, extend my deepest gratitude to all our executive committee members, general body members, and esteemed partners. Your unwavering support and collaboration have been instrumental in achieving these milestones. I am confident that the incumbent secretary will continue to leverage on them.

Guru M Ex-Secretary



Introducing our new Secretary



Prafulla our new Secretary-Coordinator at SOCHARA, brings over 20 years of experience in development sector. She has had her experience in diverse themes.

Her journey in community development began with a simple desire to help others. Prafulla has done her MPhil in Natural Resource Management with a special focus on climate change and Masters in Environmental Science which have provided her with valuable insights into the deep connections between environment and community health.

Over the years, Prafulla has taken on various roles in the development sector. She has worked on water and sanitation projects in rural Karnataka and addressed climate change impacts on local farmers. Her experiences include collaborating with families in urban slums, listening to their challenges, and working together to find sustainable solutions. Through her time with organizations like UNICEF, Arghyam, and GREEN Foundation, Prafulla has come to deeply appreciate the importance of community-led approaches in creating lasting change.

Believing strongly in the power of education, Prafulla volunteers her time teaching languages to women and assisting at after-school study centers. She also actively engages in community gardens, sharing knowledge on climate-smart agriculture with local farmers.

Throughout her career, she has worked closely with diverse communities, constantly learning from them and striving to make a positive difference in people's lives.

Outside of her professional life, Prafulla enjoys hiking in the mountains. She has climbed peaks like Kilimanjaro, finding that these experiences offer valuable perspectives on overcoming challenges in community health work. In her quiet moments, she is learning to play the violin.

For Prafulla, community health is about working together, learning from one another, and recognizing that every small step counts. She remains grateful for the opportunity to be part of this collective journey towards better health and well-being for all.







The SOCHARA team, many years ago



The SOCHARA team, in the August 2023 staff retreat



This project works towards the following objectives:

Objective VI: To establish a library, documentation and interactive information centre in community health







The Digital Archives Project has conceptually evolved over this year into a larger and more ambitious idea of digital humanities and the name "SUDHA" was coined (standing for SOCHARA's Unit of Digital Humanities and Archives). SUDHA conceptually builds on SJ-MAP (Silver Jubilee Museum Archives Project) and takes the Health-for-All Learning Center to the new and exciting realm of extensive learning through the internet.

The Digital Archives Project has become fully operational with a strong partnership developed with Sanchi Foundation through Omshivaprakash H L. A pipeline for digitising resources has been operationalised. We also have in-house capacity built at the Bengaluru office with two operational scanning and digitisation devices.

Progress and process of digitization

The digitization process includes a) cataloguing/metadata creation b) scanning c) OCR/indexing d) storage and retrieval. The exact process followed varies depending on the material.

CLIC has maintained an extensive catalogue of books in a spreadsheet format for years. When our partners at Sanchi foundation scan a book, they use the metadata from this sheet to annotate the item. Optical character recognition and further storage and retrieval are facilitated by the platform of archive.org

On the other hand resource files, spiral bound materials, and other such resources not accessioned in CLIC are first scanned and metadata is captured by him when the item is being uploaded to archives.sochara.org. The OCR is done by the scanning units automatically and the storage and retrieval is on the Omeka S software deployed by SOCHARA.

Other items like OHP sheets and microslides have to be catalogued carefully and digitised with their own process. These are done in a workshop format with Sanchi foundation.

Total number of items digitised and available in public domain on archive.org - 1756

Total number of items digitised and available in public domain on archives.sochara.org - 1469

The OHP collections and microslides collections have been catalogued extensively and are awaiting digitization. In-house digitization of resource files, spiral bound books, and other resources are also happening. The partnership with Sanchi foundation ensures the smooth and continuous operation of digitization.

On this foundation, various volunteers are able to curate and organize information into digital learning pathways and digital learning experiences for the consumption of a large pool of potential community health

champions.

Various people have volunteered their time with the digital archives project over this time, including Rajeev BR, Arjun Cherian Kovoor (APU), Nitin S (APU), Roshan Joseph, Vaishnavi C, Priyanka Kalliath, Shreyas Patil, Ajay Anand S, Surya Ravi. An online group desirous of contributing to the effort has been formed and includes contributions from Vaishnavi Mangal, Pavani P, Randall Sequeira, Akshay GN, Hrishikesh Barman, Gayatri Sharma, Judah Pereira, and Mathivanan S. A couple of people from PES Engineering college expressed interest in doing internship, but failed to get onboarded

Projects completed

- On June 13, a team from SOCHARA visited the Archives at NCBS, and had discussion about archiving with Venkat Srinivasan who is an archivist at NCBS.
- On July 11, Padmini Ray Murray, the founder of Design Beku and a digital humanities scholar, had an interaction with the team at SOCHARA and started working together on digital technologies.
- On July 19, Carl Malamud, an American technologist, author, and public domain advocate, known for his foundation Public.Resource.Org, visited the archives along with Omshivaprakash H L, co-founder of Sanchi Foundation. They heartily extended their full support towards the digital archives project.
- On September 13, a digitization workshop was held at the Sanchi foundation office. A collection of 100 microslides were digitised during this workshop. The feasibility of digitising audio cassettes were evaluated. All the digitization machines at the office were studied and explored.
- On September 20, Vijay Kumar joined as a team member in SOCHARA towards digitising resources.
- On October 18, John did an onboarding workshop for Ruth, Precilla, Surya, and Shilpa.

Towards the end of October Akshay worked with Indic Archive Foundation towards digitization of a unique 4-language dictionary in Malayalam.

After evaluating Koha and Senayan Library Management System (SLiMS), Koha has been chosen as the library management system for cataloguing and tracking of CLIC. This is being hosted at clic.sochara.org. After evaluating dSPACE and Omeka S, Omeka S has been chosen as the inhouse archive management system. It is hosted at archives.sochara.org.

The mfc collection was taken up as a pilot project. Various learnings from this collection have guided the formation of standard operating procedures for the digital archives project. The mfc collection was finalized by Rajeev and Akshay. This was presented in the 50th year celebration of mfc at Sewagram in February 2024. QR codes allowed people to visit the digital version of the exhibits.

Several more dimensions of mfc's work exist (Medical education, Bhopal





Hoth

gas disaster response, etc). These are waiting for volunteers to help in curating them for wider circulation.

The whole collection of Socialist Health Review & Radical Journal of Health has been made available online. This was possible through the combined effort of CEHAT (who sent us their bound volumes) and HEaL institute who also digitised volumes. Further discussion with CEHAT is ongoing for collaboration on digitising their entire collection.

The website for Sarvatrika Arogya Andolana - Karnataka was set up in Nov 2023 at saakarnataka.org by using WordPress based stack by our team.

In November, a proposal was submitted to India Health Fund - Digital Innovations To Address Gaps at Primary Health Care Level collaborating with the team at Ekta Niketan on Remote TB management. This proposal did not get funded.

In December, a proposal was submitted to Grand Challenges India in the CFP for a responsible approach to the use of AI and specifically Large Language Models (LLMs) in LMICs. A community health chatbot was proposed. This proposal did not get funded either.

The video CDs of People's Health Assembly - II available at SOCHARA was digitized and uploaded to YouTube in preparation for PHA-V. This can be viewed on SOCHARA SIMS Youtube Channel. A workflow based on open-source tools were developed for this archival process.

SOCHARA website was migrated from the old custom PHP codebase to a modern website stack built on WordPress. This allows any staff to update the website. The website will be an entry point for the archives, focusing on telling a narrative that is centered around SOCHARA as an organization.

Dr Ajay Anand S volunteered from December till March to migrate content to the new website platform.

On December 18, 2023 a roundtable discussion on unwanted hysterectomies was conducted in Bangalore. The team enabled digital/hybrid conduct of this event and the archive of the event is available online. Networked with Dr Balu of Association of Public Health Technologists during this event and popularized SOCHARA archives in APT circles.

CHLP Stories - an interview series with alumni of SOPHEA - was finalized and uploaded to YouTube. This serves as a reference for new fellows in community health.

For the new year, Gayatri Sharma made a creative video that captures the values of community health. This has also been used in learning sessions afterwards.

In January, the LMS was migrated to a new server cutting costs of running

the server. A bespoke solution was devised for adding transcripts in various Indian languages to the videos on the LMS. This involves uploading videos to YouTube and using the transcripts generated from YouTube to display on the LMS (in Vimeo). The LMS was also upgraded to version 4 allowing new features.

In January, the CHLP module on appropriate technology in health was facilitated. In March, the MPH-CH module on appropriate technology in health was facilitated. This module was expanded with new content related to Ayushman Bharat Digital Mission and digital skills for public health.

From October '23 to Feb '24 Dr Priyanka Kalliath volunteered with the team to work on curating a archival collection related to preparedness for disaster response. This curation is available on SOCHARA website. Priyanka's engagement formed the template for future curators to engage on a short term basis to build niche/specific collections within the archives. In addition Priyanka interviewed 6 disaster respondees and recorded their stories.

Our team worked with St John's Medical College and helped in the launch of "Spirit of St John's" Website and also the institutional archive of SJMC.

Sarai

Ravi continued this Sarai process during the last few years as young explorers, dreamers, innovaters towards HFA dropped in or those on the journey already came for a short interaction even break in their journey to review/reflect, consider mid-course and mid-career changes. He referred





Volunteers working on cataloging the archives

"Memory walk" organized at mfc annual meet with QR codes to digital archives





various visitors to others in the sochara network including team members and society members who were relvant to the search. Because of the relative inner learning aspects of the Sarai initiative we are not listing the names of all the visitors but they broadly fall into 8 categories: Community Health/Primary Health Care Explorers, Health Systems Researchs and PhD Students, Scholars (Full Bright, etc), Fellowship Coordinators, Senior Scholars and Health Movements Colleagues and ex fellows, MPH/MSc Postgraduates - short field posting, Community Health and Development/ Social Sector Explorers, Medical Students - seeking relevance and path less travelled (Johnite Tales and Spirit of St. Johns Group)

Ongoing projects

GLAMWW volunteer Shreyas Patil has started a transcription project to get the interview of Ravi Narayan on Malur story into a blog post.

With DifiNative Technologies Private Limited a community health AI chatbot is being built. This project started in January 2024. This chatbot is trained on the content uploaded to archives and is envisioned to answer questions related to those. Akshay is mentoring two interns (Aparna and Deepika) hosted at DifiNative to develop this. A retrieval augmented generation (RAG) technique is being used.

With St. John's Medical College, the Ross Institute Occupational Health Archives is being built by our team to support a project by Dhruv Kasturi, a researcher in the Dept. of History & Humanities. This occupational health unit was the inspiration for further work in SOCHARA on agricultural medicine, pesticides, vector borne diseases and finally environmental health and ecology. We are trying to find volunteers to consider curating archives of our work and collection in these themes.

39 stories of SOCHARA written by Ravi or by team members and catalogued by John & Swamy over the last few years have been collected and are being uploaded in this 40th year.

Systems of SOCHARA in 12 areas of management (Registration and Governance, Human Resource Development and Staff Development, Financial Management and Fund Raising, Management Systems and Toolkits, Information & Communication Management, Staff Welfare, Learning Facilitation Management, Social Networking and Outreach, Planning Learning Reviews and Evaluation, SOCHARA Publications, SOCHARA Archives, E-Learning Systems) is being collected for easy reference by team and management, and suitably uploaded for easy access on our website before the end of the 40th year.

Through the learnings, partnerships, and further experiments, we look forward to a fruitful future of an extensive, online learning strategy for community health.



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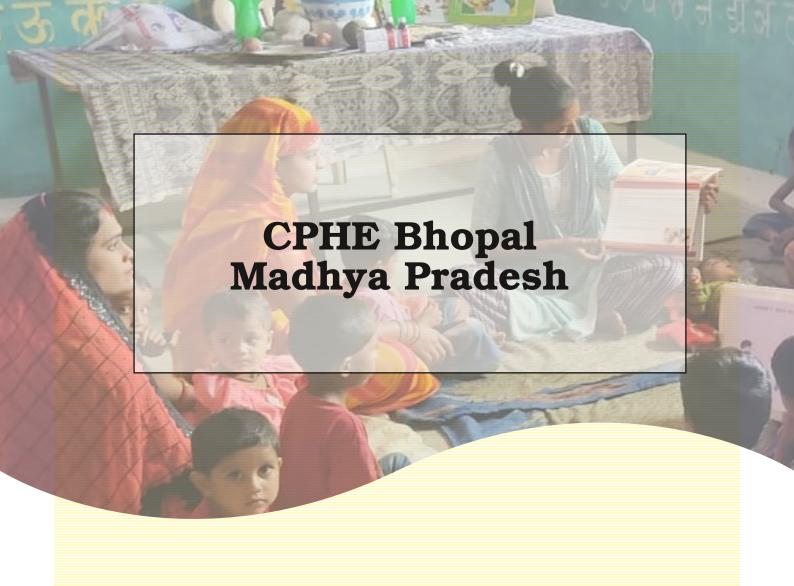


CLIC has grown over the years. It has a good collection on Community Health and Public Health; Environmental Health; Women's Health; Health Rights; Nutrition; and other subjects. CLIC has extension units in Chennai and Bhopal. It supports SOCHARA team; CHLP and MPH participants and internship students. It is a public library that allows outsiders including NGOs, health professionals, Community medicine and social work students. We have continued the digitalization of books and unpublished papers during this period.

- CLIC received 74 during this period. The total number of books, we have in CLIC is 17047.
- It subscribed journals, magazines and newsletters (55) and also access free online journals and magazines
- Received books as donation from Dr. Ravi Narayan, Dr.Pruthvish and Mr. Om shivaprakash.
- Published 11 issues of Health Round-up during the year, which were shared via google groups to 1080 users
- Books and posters displayed and photos taken during meetings 'Community Health Change-makers Confluence (CHCC)' 30th Jan. 2023 to 3rd Feb. 2023 at St. John's Medical College, Bangalore; Community Health Change-makers Confluence (CHCC) from Monday 19th to Friday, 23rd June 2023 at SJMC, Bengaluru; and Medicine Annual conference, 'Equity in health: clinical approaches to addressing health disparities. Strengthening primary and secondary level healthcare' from November 22 to 24, 2023 at Christian Medical College, Vellore.
- 1971 books have been scanned and uploaded in collaboration with Servants of Knowledge- https://sochara.org/archives/ and at SOCHARA, 1397 books and files scanned and uploaded https://archives.sochara.org. Many books scanned for in-house use.
- KOHA online Library Management System has been set-up for CLIC books.
- Participated FLN Residential Workshop' Library for All: Delivering the Right to Read Building haqki Library', Chennai from 7 to 9 January 2024.







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The community health initiatives in Madhya Pradesh are the following:



- Child nutrition programme
- School health.
- · Environment and health.
- Resource centre.

Child nutrition programme

The child nutrition programme is currently operational in three separate districts of the state – Shahpur block of Betul district, Ganj Basoda and Tyonda blocks of Vidisha district, and Gandhinagar of Bhopal city. Each of these areas has a different population profile, with different tribal groups in all three areas.

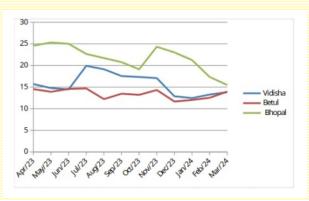
The major components of the programme include growth monitoring, health education of mothers and the community, care of pregnant women (antenatals). Other activities include regular training of nutrition workers, interaction with ASHA and Anganwadi workers. The ultimate objective of these components and activities is to reduce childhood malnutrition and improve child health.

Regular health education is given to mothers and families of children under the age of 5 years either in their homes or at the anganwadi. Weighing of children under the age of 5 years is done in co-operation with the anganwadi, at the time of the Village Health and Nutrition Day (VHND). The weights are recorded and entered in growth charts, and these are monitored regularly by our workers.

Care of pregnant women is part of the 1000 day concept, in which care of the child is extended to the period before birth. This is by ensuring adequate antenatal care by the public health system. As a part of this, pregnant women are given health education on different aspects of antenatal care, the need for regular check-ups and on nutrition in pregnancy.

Results

There has on the whole been a steady decline in the levels of severe malnutrition in all three field areas of the nutrition programme.



Malnutrition levels in 3 field areas of the nutrition programme.

1000 days component: 384 deliveries occurred, with 282 (73.4%) mothers completing all four antenatal checkups. Nutrition workers provided health education to 324 mothers, emphasizing the importance of antenatal care, exclusive breastfeeding, and nutrition. Out of the 384 deliveries, 335 babies were born with normal weight and 44 were born with low birth weight less than 2.5kg), and there were 2 stillbirths. This year, our focus will be on introducing weaning food as part of the first 1000-day program

A comprehensive external evaluation of the nutrition programme was done in September 2023, by a two-member team. They visited Bhopal and all our field areas, and interacted with the community and our workers, as well as the team. The findings were communicated to SOCHARA. The main recommendations were to increase community participation, engage with Govt. authorities, improve data analysis and to focus on social determinants. We have studied these carefully and have adapted our programme accordingly.

During the next year, we plan to further develop and expand the scope of the nutrition programme by engaging with the Govt. authorities, improving the analysis of data collected, and strengthening and expanding the training of our field workers.







Nutrition workers in Madhya Pradesh on various occassions. Includes Ms. Archana, Ms.Anita, Ms. Ravita, Ms.Gayatri, Ms.Kavita, Ms.Pinki, Ms.Laxmi, Ms.Sushila, Ms. Ravita, Ms.Narayani, Ms. Jyoti, Ms. Jayanti, Ms. Benibai, Ms. Sunita, Ms. Rukmani Ahirwar, Ms. Sevnti, Ms. Chanda Sen, Mr. Veer Sing, Ms. Sudha, Ms. Roshani, Ms. Seema Dhurve, Ms. Mamta Yadav, Ms. Anitua Dhurvey





School health programme



The programme was initiated and conducted at several different levels, with Govt. staff, teachers, other NGOs and the school children themselves. Some of these initiatives were as follows:-

Initiation – At the beginning of the new school year, the school health programme's objectives were shared with other NGOs, alumni colleagues and friends, and with the heads of three schools. The alumni provided inputs and areas of collaboration and engagement.

IVR inauguration - The interactive voice response system (IVR) was introduced and explained in a few schools (higher secondary, middle, and high schools). The IVR number was given to nutrition workers and NGO contacts with a request to provide feedback to improve the system.

Information, Education and Communication (IEC) – this was done in different middle and high Govt. schools on relevant health issues. Some of these were dengue, health and hygiene, growth monitoring of children, importance of water in health, and environmental sanitation. Educational films and videos were also used as a part of this effort.

School Library – two middle schools were visited, and their library related activities were observed. The problems noticed were lack of space, books in poor condition and books being grouped together randomly without any classification.

Community engagement – leaders of the Gond community were approached and educational and health matters related to the community were discussed. The school in the area was also visited and the attendance of the children from the same community was raised.

Interaction with civil society organisations – meetings and interactions with different organisations involved in education.

Statistics

- No. of schools: Government 5, private 1.
- Type: Middle school 3, high school 1, higher secondary 1.
- Number of students (Govt. schools): Boys 363, Girls 142, visually impaired 15.

Environmental Health

• Participation in various environmental awareness initiatives, including a fair organized by the Women's Welfare Group. Discussions were on cleanliness and the 8 R's. On Earth Day, participation in a seminar discussing strategies to address environmental hazards. Independence Day was marked with a tribute to trees impacted by human development.

- Promotion of natural and eco-friendly products, such as wood combs, steel straws, and bio enzymes, was actively pursued. Advocacy for reducing plastic use at different events was conducted, alongside participation in cleaning drives at Kaliyasot Dam and Shahpura Lake, . A campaign against plastic straws in coconut water shops was also supported, and eco-friendly products were endorsed. Attention was also given to the management of hazardous products, focusing on their storage, usage, and disposal. Initiatives aimed at promoting safer alternatives and ensuring proper handling of hazardous materials were undertaken to minimize environmental impact. Workshops and seminars were organized to educate stakeholders about best practices in managing hazardous substances, emphasizing the importance of safe handling and disposal.
- Sessions and workshops on environmental topics were conducted, including waste management and the 8 R's at a private school. Signature campaigns for green pledges and discussions on climate change and disaster risk reduction took place. Visits to several schools to promote ecoclubs and environmental education were made.
- Engagement with environmental organizations, including the World Wildlife Fund and the Environment Education and Training Centre, was undertaken to gather information and support eco-friendly initiatives. Attendance at public lectures and workshops on topics such as plastic pollution and water conservation increased knowledge and contributed to broader environmental awareness.
- Future environmental activities for 2024 are being planned, focusing on water conservation and eco-friendly practices. Project proposals and grant opportunities were discussed to support these initiatives, and efforts to reimage waste management practices in Bhopal are underway.

Networking

- Participation in several key meetings and networking events, including the Journal Club. Discussions with APU to discuss possible collaborations and shared initiatives. Regular communication with MPCHFP and CHLP Fellows to strengthen the fellows' collective. Meetings to explore new approaches and integrate efforts to improve health outcomes.
- Participation in a range of community and health-focused activities was actively pursued. This included visiting a fair for new entrepreneurs, supporting the launch of a snakebite awareness campaign, and engaging in protests related to civil society issues. Additionally, involvement in health checkup camps, was undertaken to provide essential health services to children and adults.
- Significant contributions were made to educational and awareness initiatives. This included participation in various public lectures, workshops, and seminars on topics such as mental health, disaster risk reduction, and constitutional law. A special focus was on World Tribal Day and Women's Day programs, with contributions to discussions on menstrual hygiene and women's issues.
- Several visits were made to various health facilities to assess their services and operational status. These were Sanjeevani Clinic, Urban







Primary Health Centre, Civil Dispensary, Community Health Centre, Bhopal Memorial Hospital and Research Centre, and Medical College. We discussed the hospital's services and current status with the staff. Also observed and participated in the low-cost food distribution system at J.K. Hospital, managed by a social worker.

- Efforts were made to advocate for health rights and oppose privatization of health services. This involved participating in the Madhya Pradesh Jan Swasthya Abhiyaan meeting, organizing the state-level health conference on World Health Day, and advocating for a Health Rights Law. We engaged in discussions about improving gynaecological care and TB community programs.
- Involvement in various workshops and conferences included participating in the Free Library Network's workshop on Building Rights Libraries, and the Dr. Ajay Khare Memorial Lecture on constitutional law. Participation in regional and state-level meetings organized by CHAMP and SAKSHAM provided valuable insights into civil society's role and health sector challenges.
- Government and Public Libraries in Bhopal visited five libraries, including the Central Library, Iqbal Library, Tribal Museum Library, Regional Museum of Natural History and Ambedkar Library. Observations included the range of books available, library fees, and the presence of only college students and research scholars. Notably, the Iqbal Library offers a free public reading service.
- Documentation and Publication To support and empower community health fellows and partners as a resource centre CPHE-MP team translated reports (3) and articles (17) on health and equity, and collated translations developer for earlier CHFP course. Developed training and learning materials (flyers, presentations; posters) for field staff, CHLP fellows and others to address malnutrition, seasonal health problems, health-hygiene and Tuberculosis. As and when required we have translated documents, reports and presentations for CHLP fellows also.





Picture from an orientation session



Funded by HCL Foundation (urban), KZE/Misereor (rural)

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Mayabazaar is an urban poor locality situated to Neelsandra in Bangalore, having approximately 600+ households with a dense population of around 3500 people, residing in 6 acres of land. People in this locality are living here for more than 100 years, predominantly from the Hindu (Tamil and Kannada speaking) and Christian communities. Most people work as painters, small business, home makers, domestic helps and other daily wage workers.

Anandapuram is another urban poor locality that is situated near to K.R.Market in Bangalore, having 750 households with a dense population, with 4500 residents. The individuals in the community are predominantly Hindu, Muslim and Christian Community. Most of them have small businesses, work as domestic helps, home makers, sanitation work and others.

Along with the above two communities, we have been working in 25 Government schools under BBMP and Anekal Taluk on Water, sanitation and Hygiene Challenges. Most of the government run schools have less or no sanitation facilities, there is lack of safe/clean drinking water, changing rooms for girls and personal hygiene practices are relatively low. Therefore, an effort has been made to improve the WASH facilities in these schools

Anandapuram and Mayabazaar communities where we work have experienced problems related to WASH challenges, especially, in the areas like open defecation, garbage disposal, small roads, open drainages, less personal hygiene practices.

Tamil Nadu

There are 150+ slums within the Chennai Municipal corporation including greater Chennai, with a whopping 29% of the city's total population being slum dwellers (2011 census). The figures worked out to mote than 1.08 million (ranks 2 in India). Most of the slums and schools in the city of Chennai do not have proper sanitation facilities, lack of potable water, sanitation and waste disposal system. The environmental scenario in slums is usually not safe for children. The unhygienic conditions along with limited or with no proper water supply, housing and nutrition. There is a significant threat to the health and well being of the residents, especially, children, women, pregnant woman, lactating mothers, elderly women. Therefore, our intervention in tackling the WASH challenges in Chennai is in 5 urban poor localities and 10 police clubs. Our goal is to work towards integrated, sustainable development using community health approach with a special focus on WASH, Community health, ad health promotion engagement.

From 2024-2025, we have extended our work to Vijawada also, currently we have initiated our work in 10 Government schools and 1 urban poor locality.

This project aligns with SOCHARA approach of working towards integrated, sustainable development with urban poor populations, through a focus on



WASH, community health and health promotion with community engagement, partnership with local bodies and other NGOs who are already working in the area and through regular work reviews and feedback will help ensure progress.

For behavioural change, awareness to the community members is essential; therefore, we conducted a total of 119 community awareness programs on Water, sanitation, and health by using the modules created by the technical team. Modules included Water and Vector borne diseases, Menstrual Hygiene Management, Waste segregation, Domestic violence, oral hygiene, nutrition, hand wash etc. The community members actively participated in the awareness program, a total of 12816 (3343- community, 9383- schools) members were sensitized on the WASH challenges and hygiene practices. It is reported that 64% of the households from Mayabazzar is segregating waste now. Our intervention is extended to Chennai too, in Chennai, 1325 individuals from the community and 841 children from police clubs and schools were given awareness. A total of 42 awareness program were conducted on WASH modules to community members in Chennai slums.

School Awareness: In Bangalore a total of 101 awareness programs for children were conducted in 25 Government school on WASH modules. In Chennai, 13 Awareness programs including cleanliness drive was conducted at schools, police boys and girls clubs.

Regular volunteer engagements are planned with the partners and the community to sensitize the importance of waste segregation and keeping our city clean. We organized many such volunteer engagements to list out few as follows; on 19th August 2023, we had organized "Swachathon" plogging/ cleanliness drive at Anadapuram. Around 8 HCL volunteers along with Mr. Joshua joined in the events. Plogging is a combination of jogging with picking up litter (plastics) from the community. The distance covered was 4 kilometres. All the Urban local bodies, Police department, BBMP, BWSSB, Primary health centres, anganwadi, IIHMR teachers joined along with the community and cleaned the community. Awareness was also created through the street play team on "importance of waste segregation and its impact on our health." HCL volunteers participated in the event with utmost interest.

The Communication Workshop(4-6 th march 2024), led by Mr. Muthu (MSW, Theatre Artist), aimed to bolster the communication prowess of SOCHARA's volunteers across three days. Diversetopics such as creativity, miscommunication, voice practice, and mime were addressed, fostering a comprehensive approach to honing communication skills. Participants gained valuable insights and practical techniques applicable to both their volunteer duties and personal lives. Encouraged to implement newfound skills, participants may further benefit from additional training and practice opportunities. Mr. Muthu's session on March 6th particularly stood out, offering interactive exercises and discussions covering mime, storytelling, emotional expression, Jebriah, and closing reflections, enriching the





participants; communication repertoire.



Cleanliness drive was organized in the Post office, on the request and discussion with the SOCHARA team by Mr. Ranjith Kumar, IPos, to involve the post office staff in the activity of SOCHARA; therefore, a Cleanliness drive was organized. All the staff of the postal department involved in cleaning the surroundings. Wall painting with the message to segregate waste and to keep surroundings clean was communicated. Mr. Ranjith Kumar spoke about how the postal department isalso serving the nation and the need to build toilet facilities in the post office. He assured all kinds of support from his office in collaborating in the goal of a clean environment.

During the period, 6 units of hand wash stations with 47 taps were constructed government schools to address the challenges related to hand hygiene. During the period, 5 units of minor repairs were conducted. In Chennai, In Avadi, Villivakum, police boys and girls club we constructed toilet units with water supply and hand wash facilities. In ITI Ambattur campus, we constructed school toilet with water supply and hand wash station and septic tank for faecal sludge management.

Over the period of time SOCHARA supported by HCL foundation developed infrastructure (toilets, hand wash, water supply, drinking water and others) at government schools to maintain the system created we conducted. We conducted 30 trainings to School development committee, child cabinets on operation and maintenance of infrastructure.

Street plays: Trained volunteers from Mayabazaar community were involved in conducting street plays on WASH module in Schools and communities. Community members found street play as an effective tool for creating mass awareness. During the period 30 Street plays were conducted for awareness creation.

To bridge a gap between community and government officials we conducted 10 block level meetings at the community addressing the issues related to water, electricity, drug issue, domestic violence, menstrual health, waste segregation and other community health challenges. During the process officials from local municipality, water supply department, police department, Primary health centre, post office and other attended the meeting.

We organized regular block level meetings with ULB's Officials from Local municipality, Police department, teachers from educational institutions, medical doctors from PHC, JEE from electricity board, Water inspector from water supply department attended the programme and there was connection established between the community and government officials. The Block level meetings have become the common space for the officials to introduce the schemes and for communities to share their challenges and get resolved. These meetings have been effective in the communities, where the government and the citizens come in a forum and discuss

various developmental programs for the community. Supported from Government departments we are able to get support to our communities on installing new streetlights, getting water tankers during water crisis, replacement of pavement slabs/stones, getting auto tippers for waste collection in both the communities and clearing black spots and blocked drainages

Interactive Voice Response: 100 awareness programs were conducted on using Interactive Voice Response Technology. Through IVR we have created awareness related to health and hygiene using 8 modules, a toll-free phone number (08069451166) is given for children and community to call and get the information related to toilet etiquette, hand wash, oral hygiene, and menstrual health in 4 different languages like English, Kannada, Tamil, and Hindi. Chennai, we were able to conduct 4 sessions on IVR to children in school and communities.

As part of the awareness programmes, 8 modules are prepared and printed for the use of team members during awareness sessions in the communities and schools. Topics like waste management, water and vector borne diseases, hand wash, toilet etiquette, oral health; menstrual health management, meno pause etc are covered.



Community activities









Relief work during Chennai floods





Volunteers: Lakshmi, Saritha H, Kalamma, Ushamma, Gouri, Banusri, Ushamma, Kanchana, Nisha



Funded by KZE/Misereor

This project works towards the following objectives:

Objective I: To create awareness on the principles and practice of community health among all people involved and interested in health and related sectors

Objective II: To promote and support community health action through voluntary as well as governmental initiatives

Objective III: To undertake research in community health policy issues, including strategies in community health care, health personnel training, integration of medical and health systems

Objective IV: To evolve educational strategies that enhance the knowledge, skill and attitudes of persons involved in community health and development

Objective V: To dialogue and participate with health planners, decision-makers and implementers to enable the formulation and implementation of community oriented health policies

Objective VII: Networking and Solidarity with Civil Society organisations







As an unique initiative to hear peoples voice and redress their health system related complaints The Department of Health and family welfare, Tamil Nadu continuous organising Health assemblies in various districts in phase III. SOCHARA as a key member in the state working committee of this process and a nodal district NGO in many districts had played crucial role in various aspects of health assemblies including providing technical support and perceptive orientation to different level of health system administrators including PHC medical officers, Block medical officers, District and state officials of health department. In parallel we mobilised civil society organisations in different districts and blocks of Tamil Nadu, orient on assembly process and hand hold to take part in different level of assemblies and made as members of district working committee of this process. As part of community health approach along with various partner organisations we organised training on health assemblies to the elected representatives including Village Panchayat elected leaders. Here are few major interventions on this process.

- 1) We have facilitated a minimum of 17 district health assemblies including Villupuram, Perambalur, Chengalpet, Krishnagiri, Cuddalore, Madurai, Villupuram, Tiruchy, Dindigul, Tiruvallur, Tanjavur, Vellore, Pudukottai, Tirunelveli and few block assemblies across the state.
- 2) We mobilised and trained 250 Panchayat presidents, ward members in 10 blocks (8 blocks of Dharmapuri and 2 blocks in Tirupattur) of Tamil Nadu along with member of Tamil Nadu legislative assembly of Dharmapuri constituency Mr. Vengateswaran through 5 block level orientation meeting on Role of Panchayat Raj on Health and Health Assembly.
- 3) On January 23rd and 24th visited South Chennai zone 7, 14 and 15 community health centres to meet heath officials, Urban ICDS centres and Thiruvanmiyur school at Valmiginagar to observe morning meal programme along with partner members to observe the flood relief activities and build awareness among the members. We found the morning meal programme is very progressive with well-planned menu to support children between 1st to 8th standards. The urban ICDS is established in good environment to provide and nurture the young children.
- 4) We have facilitated and supported health assemblies in 15 zones of Greater Chennai Corporation between Oct-Dec 2023 whose health system and social economic conditions are different from the rural area. As an output of these efforts, the urban health system has learnt from rural experience through SOCHARA on how to run health assemblies in the urban settings. During this reporting period SOCHARA expanded its support to the Tamil Nadu department in the people's health assembly process to the urban settings in Chennai including 15 zones and 3 districts. The socio, economic and political context of the urban community and health systems have vast differences from the rural area. As a resource group we supported the system to customise the strategies to urban settings.



Health Assemblies attended by SOCHARA CEU team and association during the year 2023-24

1	26 December 2023	Perambalur DHA
2	4 February 2024	Thanjavur DHA
3	28 February 2024	Krishnagiri DHA
4	29 February 2024	South Chennai DHA
5	29 February 2024	THU Mid Chennai DHA
6	29 February 2024	North Chennai DHA
7	16 February 2024	Chengalpet DHA
8	16 December 2023	Salem DHA
9	17 October 2023	Kodambakkam ZONE 10 HA
10	21 October 2023	Adyar Zone 13 HA
11	27 October 2023	Amjikarai Zone 8 HA
12	30 October 2023	Valasaravakkam Zone 11 HA
13	1 November 2023	Teynampet Zone 9 HA
14	2 November 2023	Alandur Zone 12 HA
15	9 November 2023	Thiru. Vi. Ka Nagar Zone 6 HA
16	17 November 2023	Ambattur Zone 7 HA
17	14 March 2024	State Health Assembly SHA, Chennai







1) We have supported the Tamil Nadu health assemblies with two broad strategies. To support the health system and mobilise civil society and community to make the platform as people's platform. We have

participated in many official state meetings conducted by the health system of Tamil Nadu to make the assemblies as peoples' assemblies. We have mobilised civil society across the state, train them to advocate the people's health issues during their respective assemblies.

2) We did multiple rounds of discussions with the Chennai Corporation health officials including chief health officers and negotiated to run health assemblies in all the 200 wards of the Chennai Corporation along with 15 zonal and 3 district level health assemblies. All these assemblies were done.



3) We initiated Right to Health campaign in Tamil Nadu to adopt state specific Health policy and to enact Right to Health act for Tamil Nadu. As part of that we prepared detailed Health Manifesto for Tami Nadu which was handed over to the official political parties and candidates stood for the Member of Parliament election in Tamil Nadu during 2024. The manifesto prepared through four level exercise viz., 1. Community meetings across the state to get firsthand information of peoples need, 2. District level civil society meetings, 3. State level meeting with multi stake holders and resolutions of the recent health assemblies held in Tamil Nadu are compiled to prepare final manifesto.



Nadu

4) As part of the Right to health campaign during the year 2023-24 we have initiated Signature and postcard campaign at the Chennai international book fair on 01st January 2024 to adopt Right to heath policy and enact Right to Health care act in Tamil Nadu. In this year we have posted 3400 post cards addressed to Chief Minister of Tamil Nadu and 4000 signatures across 12 districts from general public was collected and submitted to the Tamil Nadu Chief Ministers special cell. This is an ongoing campaign which will spread to next year also.

5) On 25th September we organised online consultation with more than participants on status of Tamil Chief Ministers health insurance scheme.



- 1) We have conducted a major multi state research on "understanding pathways to Universal Health Coverage" in Tamil Nadu through a district case study. We have done this research through case study methodology in Ponneri, Poondi,and Thiruthani blocks of Tiruvallur district of Tamil Nadu. We have conducted more than 31 in-depth interviews and 10 FGDS which covers more than 4 lakhs population with only one additional manpower in the team. These data were translated, analysed and interpreted. Though this research we had detailed dialogue with community, elected representatives, health system staff and civil society representatives to understand the need of the people. The research oriented dialogue with the various level of Health system officials was very effective in terms of setting up a discourse of need in Tamil Nadu to bring legislation for Right to Health and UHC implementation.
- 2) This year we have supported a study on the status of ICDS centres in Tirunvelveli and Tenkasi districts organised by Makkal Nalavazvu Iyakkam (MNI) partner HEPRC and supported by CRY. The data were studied and findings were presented to media through which Tiruneveli district collector took immediate actions to strengthening the centres.
- 3) A very detailed evaluation was conducted by a team of two external evaluators of the CAH activities. During the evaluation, all the stake holders related to project activities were consulted along with field visits to Krishnagiri district. They met health system officials at the state, district and block levels. Reports were reviewed and findings are incorporated in the further implementation of the project.

We had extensively supported and handholded block and district level health system authorities to understand the community accountability mechanisms through health assembly process including to urban areas of Chennai corporation. These orientation and knowledge has been put into practice in conducting health assemblies by the health system personnel. Apart from this major program we also conducted below trainings.,

- 1) On 24th June oriented on Tamil Nadu medicine policy to the medical representatives of Tamil Nadu in Golden jubilee conference of Forum for Medical Representatives Association of India (FMRAI) held in Chennai.
- 2) On July 05, 2023 a session on right to health to SOCHARA CHLP fellows was organised as demonstration method.
- 3) July 13th, 2023 a session on Patients right to St. Johns Bengaluru MHA students was organised online.
- 4) On 31st July we have oriented volunteers and activist from Tiruvallur district on health rights and public policy on health in Tamil Nadu organised by Tamil Nadu Science forum.
- 5) SOCHARA CEU team took lead role in organising SOCHARA staff retreat held in 03rd and 04th August 2023, in Bangalore. The team led consultation among various resources persons, staff members and advisors





HAH Hogh

of SOCHARA to align the retreat to the present context and need of the organisaiton and staff.

- 6) Aug 12th, 2023 attended a learning workshop on research ethics organised by Ethic Committee of RUWSEC organisation for their members.
- 7) On 08th September we had oriented volunteers from Chennai volunteers on the health assembly process and on health rights.
- 8) On 25th September we had state level online consultation on Tamil Nadu chief ministers health insurance scheme with 30 civil society representation across the state.
- 9) On 31st October we did orientation meeting on health rights and health assemblies for the Nursing students in Perambalur district.
- 10) On 01st November 2023 we had oriented NGO heads in Viluppuram district on the health issues of Viluppuram district and opportunities to address it through health assembly platform.
- 11) Dec 29th, 2023 had a session on Right to Health among the members of Tamil Nadu Science Forum at their Chennai District Health subcommittee conference and gave a call to action to start signature and post card campaign.
- 12) On 19th and 20th January 2024 we presented our perspectives and experience on community participation to ensure Right to Health via Health assembly process in a national workshop held in Pune organised by SATHI.
- 13) Jan 27-29th 2024 attended a regional workshop on Safe Abortion held at Trivandrum to discuss about the hate campaign on abortion and plotting technical mechanisms in media organised by common health India network.
- 14) We have organised a state level residential training program for 35 MNI members across the state. The focus of the training was to capacity building on Right to health framework, strategies to build campaign with necessary technical inputs.
- 15) Attended common health national workshop on Women Centric maternal Health held at Mumbai on 15 & 16 Mar 2024 to ratify the findings of the discourse study among 9 districts in India where Dharmapuri and Chengalpet of Tamil Nadu was one among it. We facilitated this study at Dharmapuri district.



- 1) As part of achieving Health for all in Tamil Nadu we are promoting a legislation on Right to Health care. We are continuously discussing and orienting the elected legislative members of Tamil Nadu. As a result Mr. Abdul Samad, MLA has raised the issue of comprehensive legislation on Right to Health care in Tamil Nadu in the floor of Tamil Nadu Assembly in the third week of April 2023. We are also orienting Mr. Balaji, MLA of Tiruporur constituency on the same issue.
- 2) 18th May 2023 we organised a reflection meeting on 2nd phase 2022-23 of health assembly at Arun International, Koyambedu, Chennai with 5 Member partners reflected that this process helps them to work with health system and develop rapport with officials. People raise their need and voice at panchayat/PHC level.
- 3) SOCHARA MNI officially invited by the National Health Mission Tamil Nadu to represent civil society to submit its recommendations on the status of Health insurance scheme implemented by Tamil Nadu Government. SOCHARA CEU took lead role on collecting information, mobilising civil society, orienting selected representatives to speak infront of the committee and submitted its recommendation on 10th October 2024 during the special consultation with the committee. The committee headed by the Health Secretary of Tamil Nadu, director of National health mission, Tamil Nadu planning commission member Dr. Amalorpavanathan and head Dr Sundarraraman.
- 4) We facilitated second state health assembly by Tamil Nadu government held on 14th March 2024 at Omandurar Hospital conference hall, Chennai. The Tamil Nadu health minister along with Principal secretary for health department and other higher officials inaugurated. SOCHARA team members including Dr. Thelma Narayan, AGCA member, SOCHARA associates, MNI members attended the assembly. Various stake holders from different districts attended the assembly and presented the resolutions adopted during district health assemblies.







As long term impact / development at this growing fragmentation of alternative voices, strengthening the health rights network plays an important role and as strategy to build countervailing power. We played a crucial role in strengthening the health rights network at the national level as one of the national secretariat for JSA and at the state level in Tamil Nadu.

- 1) SOCHARA CEU hosting the national secretariat of Jan Swasthya Abhiyan (JSA). The secretarial work includes coordinating three important institutions of JSA including National Coordination committee, National Co-convenors and Thematic groups. The secretariat is responsible for convening regular meetings of all these institutions, working closely with thematic group convenors, respond to the timely issues along with other coconvenors etc., As part of this,
- We organised a three day JSA National Coordination Committee physical meeting from 11th to 13th August 2023 in Delhi. Multiple pre consultations among coconvenors, preparing agenda notes, mobilisaiton of members all were part of organising NCC.
 - We have organised 6 co convenors meeting during the year.
- We have conducted JSA co-convenors online meetings to discuss the national budget 2023 to 24 and released the report.
- We have coordinated drafting Peoples health manifesto and releasing it at the national level during the month of February and March 2024 for the General election.
- On 28th August JSA secretariat headed by SOCHARA organised a consultation on National Medical Council order to Prescribe generic medicine and brought out statement.
- The Peoples Health movement global (PHM) organising its 5th global health assembly in Argentina in April 2024. As a secretariat extensive ground work has been done among the NCC members to choose 10 delegates to represent India into the assembly. Appointing a selection committee, receiving application from members, selecting suitable representation, supporting them to prepare their travel and participation in the assembly were done by SOCHARA-CEU.
- Coordination between PHM global and JSA national Coordination committee and selected participants were carried out.
- As a national coordinator of JSA India, we took part in multiple meetings of global mobilisation team hosted by Global PHM.
- 2) On 22nd December we have organised extended MNI state committee meeting in Tirucy.
 - 3) We have conducted two state MNI meetings to initiate campaigns on

Right to Health in Tamil Nadu.

- 4) June 17th 2023 we participated in solidarity meeting on Right to Health in the presence of Dr.T.Sundarramanformer PHM global coordinator and Dr. Amalorpavanathan member planning commission of Tamil Nadu with 84 participants from Tamil Nadu and Pudhucherry organised by Pudhucherry Science forum.
- 5) July 4th 2023 we participated with solidarity in the meeting on Dissemination of THZOHI campaign on Workplace safety and women rights held at ICSA, Chennai requested ICC committee formation in all workplaces and erect pink box at all levels. Press meet and press release was done by Mrs. Kumari, director-Tamil Nadu women commission.
 - 6) On 07th September we convened MNI Chennai district meeting

Solidarity through membership in committees/governance of other groups

Memberships

- 1) Ameerkhan and Thelma Narayan are members of part of the Tamil Nadu Government's state working group for 'Health assemblies in Tamil Nadu'
- 2) SOCHARA is continuing part of the national coordinating committee of the Jan Swasthya Abhiyan and also one of the hosting organisations of the national secretariat. Currently Ameerkhan and Nidhi Sukhla representing SOCHARA.
 - 3) Ameerkhan is one of the National Coconvenors of JSA.
- 4) CEU is hosting the secretariat of MNI Tamil Nadu and Suresh is part of the steering group of MNI.













Funded by KZE/Misereor, AID

This project works towards the following objectives:

Objective IV: To evolve educational strategies that enhance the knowledge, skill and attitudes of persons involved in community health and development







School of Public Health, Action and Equity (SOPHEA)

SOCHARA SOPHEA continued its initiatives towards capacity building for health between April 2023 and March 2024. These included the university accredited Community Health Learning Programme (CHLP) Postgraduate Diploma (PGD), the pilot phase of the Master of Public Health with specialisation in Community Health (MPH-CH), internships as well as one-day orientations .

SOCHARA-SOPHEA has over the years, consistently focused on 'action-based' community health approaches to public health problems and issues; strengthening the public health system; addressing the wider health determinants of India's majority population - the rural and urban marginalised, vulnerable and socially excluded groups. SOCHARA's partnership with Martin Luther Christian University (MLCU), Shillong for university accreditation (formalised in May 2022) and its partnerships with donor agencies MISEREOR and AID-India is based on common goals, shared ethos and values. These include the broad philosophy of communitising health, health practitioners, health systems and health policies; aimed at reducing social inequities in health, towards Health for All.

During the reporting period, the CHLP PGD saw the completion of the CHLP Phase IV - Batch 2022-23 and the commencement of CHLP Phase V - Batch 2023-24; the continuation of the Pilot Phase of the MPH-CH with Batch 1 (2022-23) which commenced in January 2023 and the commencement of Batch 2 (2023-24) in August 2023. The SOPHEA team comprised three core team members supported by SOCHARA's Academic Advisor (who took over as Director Academics and Health Policy from February 2024, Admin Officer, Admin Secretary and SOCHARA team members.. The university linkage has meant developing systems, policies, curriculum, academic calendars and timelines, assessments and evaluation and PGD transcripts to suit university requirements while still ensuring that the Sochara spirit is kept alive and the programmes are relevant to the current community health and public health context in India. The details of these developments follow.



Go to the people.

Live among them.

Learn from them.

Love them.





Start with what they know.

Build on what they have.

CHLP 2023-24 Participants' community action projects in health promotion in schools catering to children from underprivileged backgrounds, Tamil Nadu and health awareness for caregivers of differently-abled children in Karnataka.





Hotel Hotel

From April 2023 to Mar 2024, SOCHARA's School for Public Health Equity and Action (SOPHEA) focused efforts on:

- 1) Operationalizing the Community Health Learning Programme (CHLP) as a Post Graduate Diploma in Community Health.
- 2) Facilitating the hybrid 12-month Community Health Learning Programme (CHLP), batch 1 of phase 5.
 - 3) Facilitation and mentorship for interns.
- 4) Rolling out 2nd batch of hybrid Masters in Public Health with a specialization in community health (MPH-CH) with module learning, inperson sessions in Shillong, in-person sessions in Bengaluru and the end of year six-month project.
 - 5) Developing assessment criteria for MPH-CH assignments.
- 6) Issuing PG Diploma certificates for potential MPH-CH applicants and other CHLP participants.

Community Health Learning Program (CHLP)

The program, initiated in 2002, is now in Phase V (2023 onwards). It is presently hybrid (online and offline sessions) with participants from diverse backgrounds and geographical regions in India. The inclusive flexibility of the program enables working participants in health and development to be trained to look at, and more importantly to work within a larger societal reality, with a community health approach.

The present phase has the following objectives:

- 1) To empower the learners to provide effective pandemic response to the communities they work with.
- 2) To train learners to design community-based COVID-19 action programmes on a practical basis in concert with their theoretical learnings through their field- based projects.

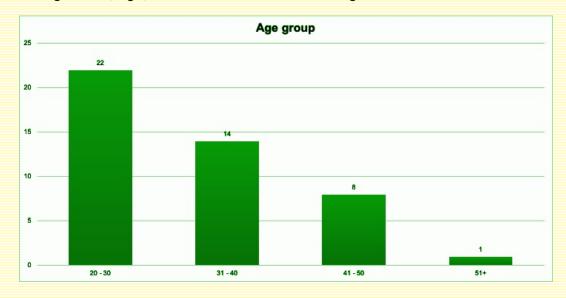
Program Overview (2023-24)

The hybrid CHLP for 2023-24 was expanded from a nine-month programme to a 12 month curriculum with the addition of important modules including Research Methodology, Research Epidemiological measures of health and Public health ethics, as discussed with SOCHARA's Academic Research Council (ARC) and based on recommendations from the external review of the programme. This was taken into consideration with the transitioning of the programme to a PGD. The CHLP from Phase V is now a programme spanning 12 months with 42 learning, 8 report writing and 2 break weeks. The programme also included the introduction of assignments during module learning. The CHLP curriculum includes a three month community based health action project. The 2023 batch was offered the option of taking up either a community based health research project or an action project. Participants are required to complete a total of 1200 learning hours and 40 credits.

Mode of delivery - CHLP 2023

Pre-recorded sessions	97
Live interactive sessions	75
Additional learning material	72
Modules where assignments were given (Includes Group exercises and Journal club)	17

The CHLP is unique in its intake of participants; with participants from across India representing diverse languages, regions, educational backgrounds, age, etc. as is evident from the figures below.



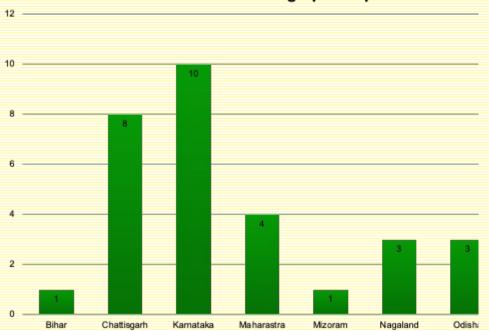




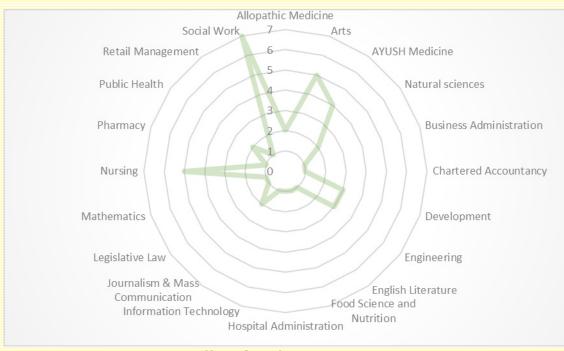




Geographic representation



Educational background of participants of CHLP 2023





In order to facilitate learning in such a diverse group of learners and to encourage active and lifelong learning, some core components of the CHLP include:

Mentor and Buddy Support

To create an environment of social learning, participants are each supported by an external mentor from among SOCHARA's resource network and a SOPHEA team buddy. Mentors and mentees are matched as per the need of the participants' area of interest in health, participants' understanding and language; to help with optimal learning. The buddy system enables participants to have an assigned resource person to approach in the SOPHEA team, while mentors provide additional professional guidance and also an opportunity for them to connect with the larger SOCHARA network of field partners, alumni and professionals in community health. Mentor Connect meetings are scheduled formally throughout the year and serve as a mechanism for orientation and feedback on the mentorship process. A total of 3 Mentor Connects were conducted with 29 mentors to support 42 mentees.

Learning Management System (LMS)

An online platform for the dissemination of SOPHEA course material such as recordings of the live sessions, presentation slides and alternative learning material facilitates the hybrid sessions. Participants also log reflective pieces to the modules, assignments and feedback on this platform powered by Moodle and can access it through a smartphone application.

Projects

Participants are encouraged to take up community based health action / research and reflection projects addressing a public health issue of interest to them and of priority to the community they each work with. There were 33 idea draft submissions from the CHLP 2023 batch. Initially, 7 participants opted for research projects and 26 opted for action projects, among which 4 completed their research projects and 12 completed their action projects; across 8 states in India.



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Community Changemakers Confluence (CHCC)

The 5 day in-person session was conducted from 19th to 23rd of June, 2023 to allow participants to engage with each other and with the team at SOCHARA, Bangalore. The sessions included field visits to the local community in Anandapuram and Mayabazaar, workshops on Low Cost Communications and Inner Learning through Art therapy, simulation games on community dynamics and life journey narratives of organisations like the Tribal Health Initiative in Sittilingi and the Mallur Health Cooperative. A cultural evening was also scheduled and participants celebrated with music, poems, skits, dancing and traditional wear.



Dr. Thelma Narayan facilitating the 'Health for All' session

Dr. Mani Kalliath took a session on Inner learning -Art therapy at CHCC 2023





CHCC community session in SOCHARA

Accreditation of the SOPHEA postgraduate programs

The CHLP was offered accreditation by the Martin Luther Christian University (MLCU) Shillong, Meghalaya, in May 2022. Following this, the program underwent changes as outlined by the University Grants Commission (UGC) guidelines and is now a 12 month program. The participants of the CHLP, post completion of the course, may now choose to apply for the certificate of Postgraduate Diploma in Community Health from MLCU. Additionally, this certificate is also recognised by the university as the first year of the MPH-CH.

The pioneer class of the Masters in Public Health with a specialisation in Community Health (MPH-CH), began in January 2023 with alumni from the CHLP, continuing on to graduate the next year. Following this, regular batches of alumni of the CHLP begin their MPH-CH course in August each year. During the reporting period 7 transcripts were processed and PG Diploma certificates issued and approved by the university.

Master of Public Health with Specialisation in Community Health (MPH-CH)

The Master of Public Health with Specialisation in Community Health (MPH-CH) launched its pilot phase in January 2023. The objectives of the MPH-CH are:

- 1) To create an understanding of social realities in India, sound theoretical grounding and an ability for analytical, constructive and creative thinking, inquiry and action.
- 2) To enable community based public health action through public health education that is grounded in the principles of the community health approach.
- 3) To offer a public health education that uses alternative teaching learning methodology focused on greater experiential, community-based learning, self-directed learning and learning through cycles of study-reflection-action.
- 4) To enable health practitioners with knowledge, skills, attitudes and values for community awareness building, research and development of community-oriented health policies and public health system strengthening through multi-level stakeholder dialogue and action.





Annual Report 2023-24



The programme mainly draws its participant intake from those qualifying for lateral entry from among the CHLP and SOCHARA's Madhya Pradesh - Community Health Fellowship Programme (Madhya Pradesh-Community Health Fellowship Programme) alumni, with the allowance of intake of eligible applicants holding a postgraduate qualification in a related field as specified in the eligibility criteria developed for the programme. The first pilot batch (hereafter referred to as Batch 1) was launched in January 2023 (4 participants), followed by the second pilot batch (hereafter referred to as Batch 2) being launched in August 2023 (6 participants) in line with the University's academic year. The university partnership has also presented an opportunity for further staff development which resulted in 4 SOCHARA staff members registering with the university and joining the course during the year and are among the 10 participants registered in the pilot phase:

PROFILE OF ENROLLED PARTICIPANTS (10)

Gender	
Male	5
Female	5
Transgender	0

Education	
Journalism	1
Social Work	4
Law	1
Allopathic Medicine	1
AYUSSH Medicine	2
Pharmacy	1

The key MPH-CH programme activities are featured below:

CURRICULUM DEVELOPMENT

The curriculum of the MPH-CH is unique in that it draws from the CHLP experience of over 20 years and is built on the social and societal paradigm, explores an alternative approach to health and well-being, is rooted in the community context and dynamics, studies and 'emphasises action' on social determinants of health, 'enables' communities, practitioners and researchers, aims to find sustainable solutions to public health, uses a multi-faceted Community Health Approach. As such, the MPH-CH curriculum is competency based with a focus on development and practice of knowledge, attitudes and skills essential for community health practitioners addressing public health issues.



Figure: Skills, Competencies and Learning Outcomes in the MPH-CH programme.

The curriculum for the second year of the MPH-CH (the CHLP PGD serves as year 1) covers topics of public health importance as relevant to the local Indian and global current and future contexts. These include two semesters with a total of 36 credits (eight online modules and one in-person Community Health Changemakers' Confluence, a six-month practical community based research or action project) facilitated by SOCHARA along with 4 in-person credits facilitated by MLCU in Shillong. Although run as a hybrid part-time programme for full-time working professionals, the programme facilitates a full set of 80 credits (theoretical, and experiential) through the CHLP PGD (year 1) and MPH-CH (year 2), combined, leading to an MPH degree with specialisation in Community Health.

During the reporting period, batch 1 of the MPH-CH continued with online module facilitation. The batch also visited Shillong in May 2023 for a period of three weeks where they learned about Integrated Cultural Approaches to Psychology, facilitated by MLCU. This experience entailed







class-room based learning and activities as well as cultural field exposure visits to Bethany Society, Mawphlang Sacred Forest and Don Bosco Museum.

Batch 2 of the MPH-CH, launched in August 2023 began with an online orientation and inaugural session facilitated by SOCHARA, before participating in the orientation and module learning facilitated by MLCU in Shillong for three weeks in August. The batch continued with their online module learning between September 2023 and March 2024.





MPH Batch 1 participants during their in-person modules in MLCU, Shillong, Meghalaya

MODULE FACILITATION

Like the CHLP PGD, the MPH-CH also engages with learning facilitators from among SOCHARA's vast network of academicians, researchers and practitioners. SOCHARA's technical team is also encouraged to facilitate modules and learning sessions for the programme. See table below for details. Module objectives and themes are developed under the guidance of the Academic Advisor, together with the learning facilitators for their respective sessions. Further to this, session plans are developed, pre-recorded learning content and additional learning materials and live session recordings are uploaded on the learning management system (LMS) for access by participants for further self-study.

Curriculum delivery (April 2022-March 2023)	Batch 1	Batch 2
Learning facilitators	12	7
Live sessions	37	56
Video sessions (pre-recorded)	11	13
Alternate learning material	23	37
Module assignments	7	12

TUTOR-MENTORSHIP

The tutor-mentorship component of the MPH-CH plays a significant role in providing guidance and support to each participant through identifying a public health topic for study or action; planning, developing, proposing, implementing and reporting their six-month community-based research or action project. This process entails participants being matched with suitable tutor-mentors from among SOCHARA's resource group based in their field or public health themes of interest. The primary objective is to support the partnership and to maximise the outcome of this experience for both, the mentor and mentee. The relationship is reciprocal in nature and is crucial, requiring proactive efforts from both. Nine mentors were engaged during the reporting period from diverse professional backgrounds including Public Health, Biostatistics, Epidemiology, Demography, Health Systems Research, Health Management, Nursing, Community Medicine, Ayurveda and Psychiatry.

SIX-MONTH COMMUNITY-BASED PROJECTS

As part of the final semester of the MPH-CH programme, participants are required to take up a six-month project which may be community-based research or action. They are enabled to do so under the guidance of the tutor-mentor assigned to them through SOCHARA. Participants are required to prepare an idea draft which is presented to the SOPHEA team for discussion and feedback. Further to this, participants are required to prepare a project proposal. If the project idea is research based, participants are required to present a research proposal for review and approval by SOCHARA's Institutional Scientific and Ethics Committee (SISEC). Further to obtaining approval, participants move on to implementation, data collection, analysis, reporting and evaluation of their six-month projects.

Participants from batch 1 and 2 prepared and presented their idea drafts under the guidance of their respective tutor-mentors, with all 10 participants choosing to take up a research project with the objective of enhancing their understanding of research methodology in the context of addressing public health issues in communities. Beyond this, participants are urged to use the lens of community health approaches during their project planning and implementation. The learning process is further supported through mid-study updates with the participants, their tutor-mentors and the SOPHEA team. This provides an opportunity to address barriers, ethical and personal dilemmas if faced, and to address any required changes if relevant. Batch 1 sought and obtained SISEC approval in July 2023 while batch 2 were preparing their idea drafts in March 2024.

The six-month research thesis topics approved and taken up by the participants of the MPH-CH 2022-23 (Batch 1) during the reporting period include:

1) Associate Risk Factors of Non-Communicable Diseases (Diabetes and Hypertension) Among a Tribe in Urban Poor Settings of Bhopal; by Dhirenra Arya.







- 2) Socioeconomic and nutritional determinants of women who gave birth to low-birth-weight newborns in Betul District: A community based cross sectional study / a mixed methods study; by Nidhi Shukla.
- 3) Cultivation Practice of Millets in the Khasi & Jaintia Hills, Meghalaya, India; by Nandaris Marwein.
- 4) A community-based study analysing the issues in the supply chain management of medicines in the Pushprajgarh block of Anuppur district, Madhya Pradesh; by Vinay Kumar Viswakarma.

ASSESSMENT AND EVALUATION

SOPHEA engaged in multi-stakeholder discussions over the course of 7 months to develop an assessment framework suited for the MPH-CH keeping in mind its objectives, our participant profile, the competencies and attributes developed during the programme and the University and UGC requirements. In relation to the MPH-CH, the process of learning includes reflective active participation in all modules, and community action for health, that is dialogical and cooperative. The learning facilitation, mentorship, scientific and ethical review, evaluation and assessment components of the programme, all entail creating a space for mutual learning between facilitator / evaluator and learner, thus enabling learners to believe in themselves, and over time to engage meaningfully with communities for health and health equity, inclusive of addressing the underlying determinants of health. In support of this, the university focuses on enhancing learning rather than measuring learning and recognises that ultimately, education must be a process of authentic humanization.

The MPH-CH assessment framework draws from a set of broad criteria based on the SOCHARA experience in community health since 1984, and the University's suggestions; and further adapted to suit the focus of the MPH-CH and the participants' learning and development as Community Health practitioners and scholars. The MPH-CH aims to enhance competencies in three broad domains: professional (public health and community health); personal (values, attributes) and social (societal, cultural, linguistic, relational). The program is a stepping stone to a process of lifelong learning through practice in the discipline. The assessment evaluations for participants are based on module learning participation and assignments, assessment of learning curve and assessment of the community based health research / action study by a panel of external and internal examiners. Evaluation results are submitted to the university in the required continuous formative evaluation format.

INSTITUTIONAL MECHANISMS

Academic Research Council (ARC)

SOCHARA's Academic Research Council (ARC) has played an important role in advising for the development of academics of the CHLP and the MPH-CH programme. The 12th ARC meeting was held on 27th April 2023 and the 13th ARC meeting was held on 30 Nov 2023. The ARC deliberations were focussed on the programme made in both programmes,

requirements by the university under UGC. Extensive discussions were held regarding the development of an assessment framework suited for the MPH-CH and the guidance given by the university in this regard.

SOCHARA Institutional Scientific and Ethics Committee (SISEC)

The SOCHARA Institutional Scientific and Ethics Committee (SISEC) has an important role to ensure a competent review of all scientific and ethical aspects in the research proposals submitted in an objective manner. The SISEC reviews and approves all research proposals involving individual participants and communities with a view to safeguard the dignity, rights, safety, and wellbeing of all actual and potential research participants. Its goal is to protect the health and wellbeing of each one of the research participants. 7 participants from the CHLP 2023-24 proposed to take up community based health research projects and submitted their proposals for review by SISEC. Of these 4 participants received SISEC approval. SISEC review of applications for the MPH-CH Batch 1 took place in July 2023. All 4 participants received SISEC approval for their research proposals. The SISEC has guided participants in furthering their understanding of scientific research rigour and methods through the process.

INTERNSHIPS

SOPHEA's internship component provides placements to undergraduate and postgraduate students for an orientation to community health through experiential learning with local communities through the projects SOCHARA engages with. Learning is facilitated jointly by the SOPHEA training team and the field team. The team facilitated 18 internships including student placements for students from varying educational streams and institutions.

Background	Internships
12th Std	1
Bachelor Commerce	1
Bachelor Arts	2
Bachelor of Laws (LLB) (Hons)	1
MA - Development	2
Masters in Public Health	4
Masters of Social Work	7

EducationalInstitution	Internships
Azim Premji University	2
Christ University, Bangalore	6
CSMCH, JNU, Delhi	1
Dayananda Sagar University	1
Hemadri Post Graduate Center,	1
Tumkur	
SRM Institute of Science &	1
Technology, Kattankulathur	
St. Claret College	3
St. Joseph's Boys High School	1
Tata Institute of Social Sciences,	2
Mumbai	

In addition, we held a one-day orientation to community health for 18 students from St. John's Medical College (Allied Health Sciences) Master of Hospital Administration students on 14th July, 2023. This was facilitated by the SOPHEA team as well as other SOCHARA team members.







On December 22, 2022, the People's Health Movement in Karnataka got transformed from its earlier versions into what got called as Sarvatrika Arogya Andolana Karnataka (SAAK, Campaign for Universal Health Systems), in which more than 32 civil society networks and organisations from around 20 districts participated in the meeting and decided to take the movement forward. A state committee with representation from all the networks and organisations was formed. Subsequently a working committee was established with volunteers who could spare more time for the movement. Ahead of the state elections, SAAK prepared a manifesto with a list of demands from the movement and shared with political parties and candidates in various districts. During the year 2023-24, the state committee met approximately once in 2 months to quide the movement for specific actions to be undertaken by the partners. In July 2023, we undertook rapid surveys on access to medicines and also about the working timings of the Primary Health Centres (PHCs) in 15 districts. The data was collated, analysed and presented to the movement members to raise awareness. This was subsequently presented to the state health minister in August 2023. One immediate outcome of the advocacy with the health minister was that the timings of some PHCs were changed to work till 8 am on a pilot basis. Subsequently around March 2024, another rapid survey was conducted to capture the Out-of-pocket expenditure (OOPE) by the users of the publicly funded health insurance schemes (PHFI).

SOCHARA engaged with CIVIDEP to facilitate a training of trainers workshop for women garment factory workers on addressing health issues faced by them including nutrition, musculoskeletal issues, sexual and reproductive health issues and mental health and further facilitated an orientation for CIVIDEP partners to the social factors contributing to health issues of women factory workers in India. SOCHARA further participated in an International Dialogue Forum on Gender Sensitive Occupational Safety and Health (G*OSH) online to contribute to the development of the guideline document for the same.

Human Resources

SOCHARA has a committed, talented, inter-disciplinary team, presently based in three clusters in Bangalore, Chennai and Bhopal. The following team members based in CHC- Bangalore, CHC -Chennai and CPHE Bhopal were the human resources supported the activities during this reporting period .



Gurumoorthy. M

Secretary and Coordinator



Thelma Narayan

Senior Advisor - Academics and Health Policy Action



Ravi Narayan

Senior Consultant



Ravi D'Souza

Senior Consultant and Co-Coordinator, MP-CPHE



Prafulla.S

Director - Operations



Ameer Khan

Co-Coordinator-SOCHARA, Training & Research Associate and Coordinator CEU, Tamil Nadu.









Prahlad I.M

Co-Coordinator and
Training and Research
Associate



Nidhi Shukla

Training and Research Assistant



Dhirendra Arya

Training and Research
Associate



Suresh. D

Communication Officer and SIMS Manager



Azam Khan

Training and Research Assistant



Karthikeyan Kandasami

Associate Director - CHLP



Janelle Fernandes

Associate Director - CHLP



Ranjitha L

Project Coordinator- CHLP



Karun Puzhamudi

Training & Research
Assistant - CHLP



Alfred RajuProject Manager (WASH)



Training and Research
Assistant (WASH)

Shabana. M



H.R. Mahadeva Swamy Information Officer



JyothiProgram Assistant



Prema
Field Coordinator



Field Coordinator

Rajani



Rohini
Rathakrishnan
Training and Research
Assistant (WASH-Chennai)



Training and Research Assistant (WASH-Chennai)



Program Assistant (WASH-Chennai)







Suryakumar

Training and Research Assistant



John Clarence S

Senior Librarian, HFA-LC



Akshay S Dinesh

Digital Archivist



V.N.Nagaraja Rao

Administrative Officer



Mathew Alex

Accounts Officer



Maria Dorothy Stella

Office Supervisor



Precilla Lewis

Accounts Assistant



Hari Prasad Ojha

Office Assistant, SOCHARA Bangalore



M.S.Joseph

Office Assistant, SOCHARA Bangalore



Tulsi Chetri



Vijaya



Sangeetha

Bangalore

Bhopal

Bangalore

Office Assistant, SOCHARA

ADVISORS

- Dr. Ravi Narayan Community Health Advisor and Archivist, SJMAP
- Dr. Thelma Narayan Senior Advisor, Academic and Health Policy Action

SOCHARA Members: Society members are also resource persons from multidisciplinary backgrounds with rich experience and will be invited as and when required to support and advise regarding technical aspects and skill development of the new team. In addition some members will actively support governance as members of the EC.





Governance and Administration

During the year 2021-22 the Executive Committee meetings were held on (1) 10th June 2021 (2) 13th September 2021 (3) 27th October 2021 and (4) 11th January 2022.

Executive Committee

1. Dr. Pruthvish. S - President

2. Dr. Denis Xavier - Vice President

3. Dr. Maya Mascarenhas - Treasurer

4. Mr. Gurumoorthy. M - Secretary

5. Dr. Ganthimathi.J - Member

6. Dr. Susanta Ghosh - Member

7. Dr. Adithya Pradyumna - Member

Finance & Management Committee (FMC)

1. Mr. As Mohammad - Chair

2. Dr. Maya Mascarenhas - Member

3. Mr. Gurumoorthy. M – Member

General Body Members

Dr. Ravi Narayan	Dr. Thelma Narayan
Dr. P. Chandra	Dr. Mohan Isaac
Ms. Valli Seshan	Mr. Sam Joseph
Mr. Abhijit Sengupta, IAS (Retd.)	Dr. Mani Kalliath
Dr. Sunil Kaul	Mr. K.Gopinathan
Dr. H. Sudarshan	Dr. M.K. Vasundhra
Mr. As Mohammad	Dr. Ravi D'Souza
Dr. N. Devadasan	Dr. Kishore Murthy
Dr. Madhukar Pai	Dr. Edward Premdas Pinto
Dr. Neela Patel	Dr. Anand Zachariah
Prof. Shanmuga Velayudhyan	Ref. Sr. Aquinas Edassery
Dr. K. Ravi Kumar	Dr.Muraleedharan V.R
Dr. Arvind Kasturi	Ms. Anjali Noronha
Dr. Ramani Atkuri	Dr. Lalit Narayan
Dr. Rahul ASGR	Dr. Priyadarsh Ture
Mr. Prasanna Saligram	Mr. Ameer Khan
Mr. Prahlad I.M.	

Honorary Members

- 1. Rev. Fr. John Vattamattam Honorary Member
- 2. Dr. D.K. Srinivasa- Honorary Member
- 3. Mr. A. Arumugham Honorary Member.







Our Partners







Acknowledgements

Our immense gratitude to KZE / Misereor, AID-USA, HCL Foundation, all SOCHARA well-wishers and supporters, and all the SOCHARA Staff.



Address: No. 359, 1st Main, 1st Block, Koramangala, Bengaluru – 560 034, Karnataka, India

Email: chc@sochara.org

Website: www.sochara.org

Tel: 080 2553 1518

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION

AUDITED STATEMENT OF ACCOUNTS
FOR THE PERIOD ENDING
31ST MARCH, 2024

Audited by RATNA RAVI KUMAR.B Chartered Accountant,

No. 326, V Main, I Block, Koramangala, Bangalore – 560 034.

AUDITED STATEMENT OF ACCOUNTS

CONSOLIDATION

BALANCE SHEET AS AT 31ST MARCH 2024

LIABLITIES	SCHED ULE	As at 31/03/2	024 (Rs.)	As at 31/03/2023 (Rs.)	ASSETS	SCHE DULE	As at 31/03/2024 (Rs.)		As at 31/03/2023 (Rs.)
CORPUS FUND :			***		FIXED ASSETS:				
Local Account		665,859		665,859	As per Schedule	25		3,981,629	4,569,391
Foreign Account		353,536	1,019,395	353,536	LOANS AND ADVANCES:				
ENDOWMENT FUND:					Program Advance Local	35	3,917		12,831
Opening Balance as on 01.04.2023		18,159,494			Staff Advance - Local	35	199,500	203,417	164,000
Addition during the year			18,159,494	18,159,494	HCL Grant Receivable	28		684,421	
General Funds:					Program Advance - Foreign	14		12,027	43,847
Opening Balance as on 01.04.2023		4,382,762			Staff Advance - Foreign				21,440
Add: Excess of income over expenditure		1,270,397	5,653,159	4,382,762	TDS Receivable			50,010	10,000
CEU Chennai	33		36,873	36,873	KZE- Project 321-900.1819 ZG	7		4,169,564	
CPHE Bhopal	34	۵	2,989	2,989	KZE - New Project - 321-900-1964	8		1,447,277	
Endowment Fund Interest	5		191,831	567,360	Salim Yusuf			270	270
Foreign General -Friends of SOCHARA (Dr.Matthias Steiger)			0	1,328,101	RENTAL DEPOSITS- Local				
PROJECT GRANTS CARRIED OVER:					Rental Deposit (Maya Bazaar field Office)	41	20,000		20,000
AID- CHI Project	11	492,492			Rental Deposit (Anandapuram field Office)				30,000
KZE Project - 321-900-1627	6	46,375		46,375	Rental Deposit - Bhopal Office	41	32,000		32,000
KZE Project - 321-900-1819				387,186					THARALIE

BALANCE SHEET AS AT 31ST MARCH 2024

LIABLITIES	SCHED ULE	As at 31/03/2	024 (Rs.)	As at 31/03/2023 (Rs.)	ASSETS	SCHE DULE	As at 31/03/2024 (Rs.)		As at 31/03/2023 (Rs.)
MIS-CHLP Project - 321-900-1925	9	484,333			Rental Deposit - Chennai Office	41	150,000		150,000
AID-CHLP Project	2	4,027,483		2,768,927	Rental Deposit - SOCHARA	41	10,000		10,000
AID Resilent Public Health Care Project	12	1,787,071			Electricity Deposit -SOCHARA Annex.(CHC)	41	630	212,630	630
Restless Development Project	13	361,200			RENTAL DEPOSITS- Foreign				
Misereor - Begeca Covid Project	3	27,775	7,226,729	27,775	Rental Deposit -Bangalore	23	430,000		430,000
HCL- Foundation				58,841	Electricity Deposit -SOCHARA Annex.(CHC)	23	250		250
HFALC - Local	30	362,458		362,458	Telephone Deposit - CHC (CHC)	23	2,280	432,530	2,280
Aroon Raman	29	57		57	CLOSING BALANCE: 31.03.2024				
JSA Activities	32	25,000		25,000	CASH BALANCES:				
WelcomeTrust-Lance Study	31	203,120	590,635	394,097	Cash on hand -FC Main	16	1,521		868
CURRENT LIABILITIES:					Cash on hand- KZE Bangalore	16	589		947
Provision for Gratuity			1,647,786	1,600,038	Cash in Hand - AID-CHLP	16	1,073		3,015
P.T Payable			200	200	Cash in Hand - MIS-CHLP- BLR	16	312	3,495	312
					Cash on hand - Local Bangalore	37	972		4,629
					Cash on hand - HCL-F Project	37	4,073	5,045	5,560
					Cash on hand - Local Chennai			TM	RAL14 405

BALANCE SHEET AS AT 31ST MARCH 2024

CONSOLIDATED ACCOUNT

LIABLITIES	SCHED ULE	As at 31/03/2	024 (Rs.)	As at 31/03/2023 (Rs.)	ASSETS	SCHE DULE	As at 31/0.	As at 31/03/2024 (Rs.)	
					BANK BALANCES (Foreign) -31.03.2024				
					State Bank of India- New Delhi -FC Main account-413	18	33,344		339,019
					State Bank of India, Bangalore FCRA -Utilization SBI A/c-681	18	2,051,269		183,308
					State Bank of India- Bangalore - KZE utilization account- SBI A/c 681	18	53,940		
					State Bank of India- Bangalore - KZE Project account-SBI A/c - 794	18	15,474		16,123
					State Bank of India - KZE Chennai-SBI A/c 2446	18	10,430	2,164,457	11,728
					BANK BALANCES (Local) -31.03.2024				3.4
					State Bank of India- Bangalore Local General - SB A/c 570	39	79,307		291,448
					State Bank of India, Bangalore- HCL Project- SBI CA- 786	39	61,507		53,281
					State Bank of India- Chennai Local- SB - 3877	39	34,627		299,416
			×		State Bank of India, Bhopal local- SB A/c - 307	39	3,069	178,510	2,989
					FIXED DEPOSITS as on 31.03.2024				
					Fixed Deposit - Foreign General Fund				,
					Fixed Deposit - Foreign Corpus Fund-FC	20	461,843		412,179
					Fixed Deposit - Grauity Fund (Foreign)	20	679,674	1,141,517	883,044
					Fixed Deposit - Friends of SOCHARA				1,330,931
					Fixed Deposit - AID-CHLP				2,000,000
					FD - Endowment Fund	21		18,551,669	18,643,787
					Fixed Deposits : Local General Funds	40		1,290,626	1,188,000
TOTAL			34,529,094	31,167,928	TOTAL			34,529,094	31,167,928

For Society for Community Health Awareness, Research and Action

PLACE: BANGALORE DATE: 07.08.2024

Subject to my report of even date

RATNA RAVIKUMAR B CHARTERED ACCOUNTANT

Membership No. 023785

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SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

	EXPENDITURE	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		INCOME	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
					To	CONTRIBUTION TO PROJECT			
Ву	Community Action and Policy Advocacy					Community Action and Policy Advocacy			
"	Community Health initiatives KZE-321-900-1819 (New Project)	7	7,419,783	6,722,781	n	Grant received from KZE - 321-900-1964	8	1,447,277	2
"	Community Health initiatives KZE-321-900-1964 (New Project)	8	1,446,492		"	Grant received from KZE-321-900-1819	7	7,458,760	6,788,759
"	MISEREOR CHLP -321-900-1846 Project Expenses			2,850,914	**	Grant received from Misereor for CHLP -321-900- 1925	9	3,607,691	2,924,784
"	MISEREOR -321-900-1925 - CHLP DAP Project Expenses (New)	9	3,575,241		"	Gramt from AID for CHLP Project	2	1,917,586	184,239
"	Expenses of AID- Communty Health Learning Program Project	2	1,903,287	184,239	"	Grant fro AID Boston- Support to MPCPHE- Bhopal			6,651
"	Expenses of AID- Community Health Initiative Project	11	860,240		"	Grant from Begecca- Misereor Project No. 321-900- 1859			7,748,388
"	Expenses of AID Resilent Public Health Care Project	12	17,315		"	Grant received from AID US for CommunityHealth Initiative Project	11	860,240	
"	MISEREOR - Begecca - 321-900-1859 - Covid support Project Expenses (New)			2,857,469	"	Grant received from AID US for Resilent Public Health Care Project	12	17,315	
	Expenses of Maharastra Foundation	4		329,385	"	Grant from AID for Andhra and Assam Flood Relief			1,170,923
"	Expense of Heamalaksha Health Foundation			54,003	**	Grant from Sri Sathya Sai International Organization			192,709
"	Expenses of AID Assam and Andhra Pradesh Flood Relief			1,115,107	"	Contribution received from Friends of SOCHARA, Switzerland (Dr. Matthias Stiger)	4	1,328,101	119,894
"	HCL-Foundation Expenses - Bangalore Unit	27	5,859,004	5,814,832			(4)	NA RALINE	

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

	EXPENDITURE	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		INCOME	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
					To	Community Health Initiatives			
,,	HCL-Foundation Expenses - Chennai Unit	28	4,064,656	1,557,038	"	Contribution from Ms. Hema Hattangandy for Betul Project			480,621
,,	Ambulance transferred to NIMHANS (HCL-F)			1,752,178	"	Grant from HCL- Foundation- Bangalore & Chennai Units- 23-24	28	9,911,921	
"	Expense incurred for Betul Project- MP			331,591	"	Grant from HCL- Foundation- Chennai Unit 22-23			5,814,832
	Health for All Learning Centre Expenses (Local)			2,599	•••	Grant from HCL- Foundation- Bangalore & Chennai Units- 21-22			1,557,038
То	Covid 19 Support Expenses				"	Contribution towards Health for Learning Centre (Local)			5614
"	Satya Sai International Project Expenes			35,600	"	Contribution from AID - MP Covid Support	1		210,906
,,	AID Covid Call Centre Expenses			835	**	Contribution to Health For All Learning Centre (Foreign)			2,531
"	AID Covid 1000 families Expenses			103,066	"	Contribution from Humanist Centre for Medicine			208,664
**	AID Covid Delhi Slum Expenses			276,006	"	Contribution - Medico Friends Circle			82,500
То	Other Expenses:				**	Contribution from Hemalaksha Health Foundation			78,470
"	General Expenses Local	26	712,283	368,696		Contribution towards Covid 19 Support (Foreign)			
"	General Expenses- Foreign	1	16,886	1,956,021	11	Contribution towards Covid Care through Cloud funding			175,666
"	Expenses met through Endowment Interest	5	1,110,460	446,434	"	Grant from AID US towards Covid relief in Bangalore			6,633
То	Community Health Initiatives				"	Grant from AID US towards Call Centre Support			835
"	Lancet Study Expenses	31	190,977	105,903	"	Grant from AID US towards 1000 families support		AND RALY.	103,066
	Depreciation	25	701,972	803,582	11	Grant from AID US towards Delhi Slum Support	(*)	PANGALODE PR	282,453

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SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

	EXPENDITURE	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		INCOME	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
"	Provision for Gratuity	24	191,628	204,288	"	Grant from Maharastra Foundation			357,430
					"	Contribution from AID US			103,567
	Excess of Income Over Expenditure		1,270,397	3,027,234		Contribution towards Covid 19 Support (Local)			
					"	Grant from Azim Premji Philanthrophic Initiatives			99,297
					"	Contribution from Welcome Trust for Lancet Study	31	190,977	105,903
					"	Titan Company Pvt Ltd- Sahodari Project			108,918
					"	Other Covid Funds			107,405
					**	Contribution towards solidarity fund	26	403,000	134,521
				2	"	Contribution to SOCHARA (Local)	26	450,174	11,976
					"	Service Income	26	400,100	*
					"	Miscellaneous Income	26	2,592	
						General Contribution			
					"	Amount received from Income Tax towards refund		TNA RAL	259,193
					"	Interest on Income Tax refund	181		8,347

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

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CONSOLIDATED ACCOUNT

EXPENDITURE	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		INCOME	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
			-		Bank & FD Interests			
				u.	Interest earned from Fixed Deposits (Foreign)	22	30,451	84,852
				"	Interest earned from Fixed Deposits (Local)	26	31,773	7,340
				.,	Interest earned from Fixed Deposit (HCL-F)	27	11,739	
				"	Interest earned from Fixed Deposit (Gratuity FD)	22	24,676	61,291
				"	Interest earned fromn Endowment fund FD	22	1,138,159	1,258,934
		-		"	Interest earned from Saving Bank Account (Foreign)	22	34,495	35,296
				· rr	Interest earned from Saving Bank Account (Local)	26	23,930	9,355
				"	Interest earned from Fixed Deposit (Foreign Corpus)	22	49,664	
Total:		29,340,621	30,899,800		Total:		29,340,621	30,899,800

For Society for Community Health Awareness, Research and Action

PLACE: BANGALORE

DATE: 07.08.2024

President

Treasurer

Secretary

Subject to my report of even date

RATNA RAVIKUMAR.B CHARTERED ACCOUNTANT Membership NO. 023785

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

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	RECEIPTS	SCHED ULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		PAYMENTS	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
To	Opening Balance: 01.04.2023				Ву	GENERAL EXPENSES			
31	Cash on Hand- Local	36	10,595	4,238	"	General Expenses Local	26	712,283	368,696
	Cash in Hand -Foreign	15	5,142	4,987	***	General Expenses- Foreign	. 1	16,886	1,956,021
,,	Cash at Bank - Local	38	647,135	72,269	,,	Expenses met through Endowment Interest	5	1,110,460	446,434
,,	Cash at Bank - Foreign	17	550,179	849,574	Ву	Community Action and Policy Advocacy			
311	Fixed Deposits - (Local)	40	1,188,000		11	Community Health initiatives KZE-321-900-1819	7	7,419,783	6,722,781
	Fixed Deposit - Corpus Fund (Foreign)	19	412,179	412,179		Community Health initiatives KZE-321-900-1964 (New Project)	8	1,446,492	¥
"	Fixed Deposits - Gratuity	19	883,044	1,018,087	"	MISEREOR -321-900-1846 - CHLP Project Expenses			2,850,914
л	Fixed Deposits - Foreign General			1,226,162	**	MISEREOR -321-900-1925 - CHLP DAP Project Expenses (New)	9	3,575,241	
311	Fixed Deposits -MS	19	1,330,931	1,326,102	11	Begecca/Misereor Project-Procurement and distribution of Oxygen Concentrators and accessories-BGCVD-321-2021040417			2,857,469
	Fixed Deposit - AID-CHLP	19	2,000,000			Expenses of AID- Community Health Learning Program Project	2	1,903,287	184,239
***	Fixed Deposit- BG Covid			5,000,000	"	Expenses of AID- Community Health Initiative Project	11	860,240	
**	Fixed Deposit - MIS-CHLP			2,000,000		Expenses of AID Resilent Public Health Care Project	12	17,315	
u	Fixed Deposits- Endowment	21	18,643,787	18,159,494	••	HCL-Foundation Expenses - Water and Sanitation project -Bangalore Unit	27	5,859,004	5,814,832
					•	HCL-Foundation Expenses - Water and Sanitation Project -Chennai Unit	28	4,064,656	1,557,038

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

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	RECEIPTS	SCHED ULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		PAYMENTS	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
То	Interest From Bank					Expenses of Betul Project Expenses in MP			331,591
"	Interest earned from Fixed Deposits (Foreign)	22	111,966	183,260	••	Health for All Learning Centre Expenses (Local)			2,599
,,	Interest earned from Fixed Deposits (Local)	26	31,773	7,340	.,	Expenses of Maharastra Foundation			329,385
	Interest earned from Fixed Deposit (HCL-F)	27	11,739	1,711	> 11	Expenses of Hemalaksha Health Foundation			54,003
***	Interest earned from Fixed Deposit (Gratuity FD)	22	24,676	61,291		Expenses of AID- Assam and Andhra Flood Relief			1,115,107
	Interest earned from Fixed Deposit (Foreign Corpus)	49,664			Expenses of HCL-Foundation - 2021-22 (April 2022)			1,323,705
"	Interest earned from KZE FD			676		AID Covid Call Centre Expenses			835
,,	Saving Bank Account (Foreign)		34,495	35,296	**	AID Covid 1000 families Expenses			103,066
	Saving Bank Account (CH)		2,750	2,647		AID Covid Delhi Slum Expenses			276,006
,,	Saving Bank Account (BPL)		80	99	**	Sri Sathya Sai International organizational Expenses			35,600
	Saving Bank Account (Local)		21,100	9,355	Ву	Community Health Initiatives			2
	Interest earned fromn Endowment fund FD		762,630	1,170,190		Expenses on Lancet Study	31	190,977	105,903
То	Community Action and Policy Advocacy				•••	Fixed Assets purchased (Local)			3,015
"	Grant received from KZE-321-900-1819		2,902,010	7,604,025		Fixed Assets Purchased (BG CVD)			4,890,920
"	Grant from AID for CHLP Project		3,116,625	2,940,000	.,	Fixed Asset purchased (Foreign- KZE)	25	39,762	65,978
"	Grant received from MISEREOR CHLP Project - 321-900-1846			2,801,090	"	Fixed Asset purchased (Foreign- AID-CHLP)	25	14,299	1
					"	Fixed Asset purchased (Foreign- EI)	25	27,699	12,500

SOCIETY FOR COMMUNITY HEALTH AWARENESS, RESEARCH AND ACTION, BANGALORE

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR 01.04.2023 TO 31.03.2024

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	RECEIPTS	SCHED ULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		PAYMENTS	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
"	Grant received from MISEREOR CHLP Project - 321-900-1925		4,077,348		"	Fixed Asset purchased (Foreign)	25	32,450	
	Grant from AID for Andhra and Assam Flood Relief			1,170,923	11	Salary advance to Mr. Nagaraja Rao			21,440
	Grant received from AID US for CommunityHealth Initiative Project		1,345,410		"	Program Advances Paid (Local)	35	39,400	1,315,947
,,	Grant received from AID US for Resilent Public Health Care Project		1,804,386		"	TDS receivable		40,010	
"	Grant received from Restless Development - UK		361,200		"	Advances paid (Foreign)	14	612,333	745,493
"	Contribution to Solidarity Fund		403,000	134,521	"	Staff Advance Paid (Local)	35	1,135,919	100,000
"	Contribution to SOCHARA		450,174		"	Gratuity Paid to Hari Prasad Ojha	24	143,880	
	Service Income		400,100		11	Gratuity Paid to Maria D. Stella			171,530
,,	Grant from HCL- Foundation for Bangalore and Chennai units - 2021-22			3,000,000		Rental Deposit paid for Anandapuram Office			30,000
**	Grant from HCL- Foundation for Bangalore and Chennai units - 2023-24		9,168,659		Ву	Closing Cash Balances as on 31.03.2024			
"	Grant from HCL- Foundation - 2022-23			7,039,735	"	Local Gen Cash - Bangalore	37	972	4,629
"	Contribution from Welcome Trust (Lancet Study)			490,000	,,	Local General Cash - Chennai			405
"	Contribution for Jan Swassthya Abhiyan			25,000	,,	Local General Cash - HCL-F Project Bangalore	37	4,073	5,561
To	Contribution towards Covid 19 Support- Local		:		.,	Cash in Hand - FC	16	1,521	868
	Contribution to Health For All			272,006	.,	Cash in Hand - KZE- BLR	16	589	947
"	Contribution to SOCHARA (Local)			11,976		Cash in Hand - AID-CHLP Bangalore	16	1,073	3,015
	Contribution to Medico friends circle (Local)			82,500		Cash in Hand - MIS-CHLP Project- Bangalore	16	312	312
То	Other Income				Ву	Closing Bank Balances as on 31.03.2024			
••	Amount received from Income Tax towards refund			259,193	***	State Bank of India - Local A/c - Bangalore	399	79.307	291,448

CONSOLIDATED ACCOUNT

	RECEIPTS	SCHED ULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)		PAYMENTS	SCHE DULE	For the year ended 31/03/2024 (Rs.)	For the year ended 31/03/2023 (Rs.)
"	Interest on TDS Refund			8,347	"	State Bank of India- Bangalore - HCLF project a/c	39	61,507	53,281
"	Miscellaneous Income		2,592		**	State Bank of India - Chennai - Local	39	34,627	299,417
,,	Program Advance recovered (Local)		48,314	1,303,116	,,	State Bank of India - FC Main A/c New Delhi	18	33,344	339,019
	Program Advance recovered (Foreign)		665,593	701,646	"	State Bank of India - FC Utilization A/c Bangalore	18	2,051,269	80,968
,,	Staff Advance recovered (Local)		1,100,419	75,000	"	State Bank of India - FC sub account -KZE Project	18	53,940	102,340
"	Rental advance received from Anandapuram Field Office		30,000		"	State Bank of India - KZE -FC Utilization A/c Bangalore	18	15,474	16,123
					"	State Bank of India - FC sub account KZE Project Chennai	18	10,430	11,728
					- 11	State Bank of India - Bhopal	39	3,069	2,989
					Ву	Fixed Deposits			
					"	Fixed Deposit- Foreign General - MS			1,330,931
					.,	Fixed Deposit - AID- CHLP Project			2,000,000
						Fixed Deposits - Corpus Fund-FC	19	461,843	412,179
					,,	Fixed Deposit -Gratuity Fund	20	679,674	883,044
					"	Fixed Deposit-Endowment Fund	21	18,551,669	18,643,787
				3.	"	Fixed Deposit - Local General Fund	40	1,290,626	1,188,000
	TOTAL		52,597,695	59,464,035		TOTAL		52,597,695	59,464,035

PLACE: BANGALORE

DATE: 07.08.2024

For Society for Community Health Awereness, Research and Action

> RATNA RAVIKUMAR B CHARTERED ACCOUNTANT

Subject to my report of even date

M.No. 023785

t Treasur

Secretary